

MAYFLOWER ATHLETIC CONFERENCE



COACHES PACKET GIRLS BASKETBALL

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Coaches,

I am hoping you are all well, and feeling excited about your upcoming season! I am also hoping that this document will prove helpful to you in your preparation for your upcoming season, as well understanding your responsibilities to the league as your season comes to a close.

This Packet includes:

- Rules for HS Basketball as presented by:
 - The Mayflower Athletic Conference
 - The MIAA
- The MAC League Alignments
- An example of the End Of Season (EOS) Report that will need to be submitted to my office
 - A "Live" copy can be obtained and downloaded from our league website at: www.mayflowerleague.com
 - The Basketball All Star Grid, used for determining the number of All Stars you are allotted, is included in the EOS Report
- A copy of three MIAA rules that are of particular interest to the league
 - Rule 33 - Coaches Education
 - Rule 48 - Sportsmanship - Taunting
 - Rule 56 - Concussion Information and Education
- An End of Season Checklist for all coaches
- (To be added/updated) MAC Girls basketball Coaches Contact Information

Good Luck in your season, and please let me know if you have any questions or concerns regarding the participation of you and your student athletes in our league.

Sincerely,

Daniel E. Tripp, CAA
AD Southeastern Regional HS

BASKETBALL RULES

MAYFLOWER ATHLETIC CONFERENCE:

- 1.** ALL GAMES WILL BE PLAYED USING THE NATIONAL FEDERATION OF HIGH SCHOOL SPORTS RULES.
- 2.** MONDAY - THURSDAY GAMES WILL START AT 3:30 PM FOR JUNIOR VARSITY AND 4:30 PM FOR VARSITY. FRIDAY GAMES WILL START AT 5:00 PM FOR JUNIOR VARSITY AND 6:30 PM FOR VARSITY. 18 THESE TIMES MAY BE CHANGED BY MUTUAL CONSENT. (ALL EVENING GAMES IN BOYS' BASKETBALL WILL BE PLAYED AT 5:00PM AND 6:30PM.
- 3.** NATIONAL FEDERATION RULES WILL DETERMINE PERIOD LENGTH.
- 4.** THERE SHALL BE AT LEAST TWO BOARD OFFICIALS ASSIGNED TO BOTH VARSITY AND JUNIOR VARSITY GAMES.
- 5.** THE OFFICIAL BALL SHALL BE THE SPALDING TOP FLITE 1000 OR EQUAL.
- 6.** THE CHAMPIONSHIP WILL BE DETERMINED BY THE WON-LOST RECORD.
- 7.** HOME TEAMS WILL WEAR LIGHT COLORED JERSEYS.
- 8.** AN ADULT TIMER AND SCORER WILL BE USED IN ALL VARSITY GAMES.
- 9.** THE HOME TEAM WILL SUPPLY 5 BASKETBALLS FOR EACH TEAM'S WARM-UP DRILLS.
- 10.** ALL VISITING COACHES MUST REMAIN WITH THEIR RESPECTIVE TEAMS.
- 11.** THE RULES TO ALLOW SHOOTING AT THE HALF WILL BE DETERMINED BY THE ATHLETIC DIRECTOR OF THAT SCHOOL (HOME RULE).
- 12.** THE FIRST BLOCK OF THE FREE THROW LANES WILL BE LEFT OPEN WITH THE SECOND, THIRD, AND FOURTH BLOCKS FILLED.
- 13.** DURING THE REGULAR BASKETBALL SEASON MAC CHEERLEADERS WILL PERFORM AT HOME GAMES ONLY

MIAA:

66. BASKETBALL

BOYS' AND GIRLS' HIGH SCHOOL BASKETBALL SHALL BE PLAYED UNDER THE RULES OF THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS, AS MODIFIED BY THE MIAA.

66.1 MOUTH GUARDS ARE HIGHLY RECOMMENDED FOR ALL BASKETBALL PLAYERS WHILE ON THE COURT.

66.2 THE 30-SECOND SHOT CLOCK WILL BE UTILIZED AT ALL LEVELS IN BOTH BOYS AND GIRLS GAMES.

66.3 THE TEN-SECOND BACK COURT COUNT DOES NOT APPLY TO GIRLS' GAMES.

66.4 ALL VARSITY CONTESTS SHALL BE PLAYED IN FOUR, 8 MINUTE QUARTERS. SUB-VARSITY CONTESTS ALSO SHALL BE PLAYED IN EQUAL QUARTERS OF NO MORE THAN 8 MINUTES. REVISED 3/15/12 62 MIAA HANDBOOK JULY 1, 2011 – JUNE 30, 2013

66.5 FIVE 60 SECOND TIME-OUTS MAY BE CHARGED TO EACH TEAM DURING A REGULATION GAME. EACH TEAM IS ENTITLED TO ONE ADDITIONAL 60-SECOND TIME-OUT DURING EACH EXTRA PERIOD. UNUSED TIME-OUTS ACCUMULATE AND MAY BE USED AT ANY TIME. **66.6** A COACHING BOX, AS DESCRIBED IN CURRENT NATIONAL FEDERATION RULES, SHALL BE UTILIZED IN ALL GAMES. **66.7** ATHLETE PARTICIPATION LIMITATIONS

66.6 A COACHING BOX, AS DESCRIBED IN CURRENT NATIONAL FEDERATION RULES, SHALL BE UTILIZED IN ALL GAMES.

66.7.1 A STUDENT MAY PRACTICE OR PLAY FOR THEIR HIGH SCHOOL BASKETBALL TEAM ONLY ONCE IN ANY ONE DAY.

66.7.2 NO MEMBER OF A HIGH SCHOOL BASKETBALL SQUAD SHALL PARTICIPATE IN MORE THAN FOUR QUARTERS PER DAY. (THIS DOES NOT INCLUDE OFFICIAL OVER-TIME PERIODS. ON A GIVEN DAY, A STUDENT MAY PARTICIPATE IN MORE THAN ONE INTERSCHOLASTIC BASKETBALL CONTEST AT DIFFERENT SITES PROVIDED THAT THE FOUR QUARTER LIMIT IS NOT EXCEEDED).

66.8 FOR ALL GIRLS' AND BOYS' VARSITY BASKETBALL CONTESTS, THE HOME TEAM MUST ASSIGN AN ADULT CONTEST MANAGER OTHER THAN A MEMBER OF THE BASKETBALL COACHING STAFF TO BE RESPONSIBLE FOR ALL ASPECTS OF ADMINISTRATION OF THE CONTEST.

66.9 THE TEAM JERSEY TORSO COLOR SHALL BE LIGHT FOR THE HOME TEAM AND A CONTRASTING DARK COLOR FOR THE VISITING TEAM.

MAYFLOWER LEAGUE ALIGNMENTS

GIRLS BASKETBALL

VOCATIONAL LARGE

BLUE HILLS
BRISTOL PLYMOUTH
DIMAN
SOUTHEASTERN
TRI-COUNTY

VOCATIONAL SMALL

BRISTOL AGGIE
NORFOLK AGGIE
OLD COLONY
SOUTH SHORE
UPPER CAPE

COMPREHENSIVE

AVON
BISHOP CONNOLLY
HOLBROOK
SACRED HEART
WESTPORT
WEST BRIDGEWATER

END OF SEASON REPORT

END OF SEASON REPORT/ALL-STAR/SPORTSMANSHIP FORM

DUE

SCHOOL

SPORT

COACH:

RECORDS: League W L T

Overall W L T

PLACE IN DIVISION

SPORT	# of Teams	Starters	# of All-Stars	1 st Place	2 nd Place	3 rd Place	4 th Place	5 th Place	6 th Place
Basketball	5	5	9	3	2	2	1	1	
	6	5	10	3	2	2	1	1	1

	Name	Grade Level	Position	#	T Size
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2	<input style="width: 95%; height: 20px;" type="text"/>				
3	<input style="width: 95%; height: 20px;" type="text"/>				
3 Point Shooter	<input style="width: 95%; height: 20px;" type="text"/>				

(Please Type)

MOST VALUABLE PLAYER VOTE

(From nominations in your division)

COACH OF THE YEAR VOTE (Must vote within your division)

SPORTSMANSHIP Vote (School in your division. Do not vote for your school.)

Required forms will include a due date. Late forms will each be subject to an additional \$50 penalty to be assessed on the dues' invoice for the following year.

COACHES' EDUCATION – MIAA HANDBOOK RULE 33

ALL COACHES HIRED PRIOR TO AUGUST 1, 1998 ARE EXEMPT FROM THIS RULE. COACHES HIRED AFTER 8/1/98 AND BEFORE 7/1/05 MUST COMPLETE *THE COACHING PRINCIPALS COURSE* WITH THE EXCEPTION OF CERTIFIED MA TEACHERS.

ALL MIAA MEMBER SCHOOL COACHES (PAID OR VOLUNTEER) ARE REQUIRED TO TAKE ANNUALLY THE ON-LINE *NATIONAL FEDERATION CONCUSSION COURSE*, OR OTHER RECOGNIZED EDUCATION PROGRAM, PRIOR TO THE START OF THEIR SEASON. THIS BOARD OF DIRECTORS' POLICY WAS EFFECTIVE WITH THE WINTER SEASON, WHICH BEGAN ON MONDAY, NOVEMBER 29, 2010.

ALL COACHES (STIPEND OR VOLUNTEER) FIRST SERVING AS AN INTERSCHOLASTIC COACH AFTER JULY 1, 2005 MUST COMPLETE AN MIAA SPONSORED OR APPROVED COACHES' EDUCATION COURSE OF STUDY. THE APPROVED COURSE WILL CONSIST OF THE NATIONAL FEDERATION OF HIGH SCHOOLS *NFHS FUNDAMENTALS OF COACHING COURSE* (MUST BE PASSED PRIOR TO COACHING A SECOND YEAR) AND THE *NFHS SPORTS FIRST AID COURSE* (MUST BE PASSED PRIOR TO COACHING A THIRD YEAR).

ALL COACHES (STIPEND OR VOLUNTEER) FIRST SERVING AS AN INTERSCHOLASTIC COACH AFTER JULY 1, 2007 MUST COMPLETE THE *NFHS FUNDAMENTALS OF COACHING COURSE*, THE *NFHS SPORTS FIRST AID COURSE* AND THE *NFHS SPORT SPECIFIC TECHNICAL AND TACTICAL SKILLS COURSE* IN THE SPORT THEY ARE COACHING (MUST BE COMPLETED PRIOR TO COACHING A THIRD YEAR). NOTE: THE SPORT-SPECIFIC REQUIREMENT WILL BEGIN ON JULY 1, 2007 OR WHEN THE PARTICULAR SPORT-SPECIFIC COURSE BECOMES AVAILABLE, IF AFTER THIS DATE.

NFHS SPORT SPECIFIC TECHNICAL AND TACTICAL SKILLS COURSES PRESENTLY AVAILABLE: BASKETBALL, FOOTBALL, SOCCER, SOFTBALL, WRESTLING, VOLLEYBALL, CHEER & DANCE (AS OF FALL 2010)

THE NFHS FUNDAMENTALS OF COACHING COURSE REQUIREMENT MUST BE MET THROUGH ATTENDING AN MIAA SPONSORED COACHING PRINCIPLES CLINIC.

THE NFHS SPORTS FIRST AID AND SPORT SPECIFIC REQUIREMENT MAY BE MET BY COMPLETING ON-LINE COURSES.

SPORTSMANSHIP: TAUNTING - MIAA HANDBOOK RULE 48

48.1 TAUNTING INCLUDES ANY ACTIONS OR COMMENTS BY COACHES, PLAYERS, OR SPECTATORS WHICH ARE INTENDED TO BAIT, ANGER, EMBARRASS, RIDICULE, OR DEMEAN OTHERS, WHETHER OR NOT THE DEEDS OR WORDS ARE VULGAR OR RACIST. INCLUDED IS CONDUCT THAT BERATES, NEEDLES, INTIMIDATES, OR THREATENS BASED ON RACE, GENDER, ETHNIC ORIGIN OR BACKGROUND, AND CONDUCT THAT ATTACKS RELIGIOUS || MIAA HANDBOOK JULY 1, 2017 – JUNE 30, 2019 48 BELIEFS, SIZE, ECONOMIC STATUS, SPEECH, FAMILY, SPECIAL NEEDS, OR PERSONAL CHARACTERISTICS. EXAMPLES OF TAUNTING INCLUDE BUT ARE NOT LIMITED TO: "TRASH TALK", DEFINED AS VERBAL COMMUNICATION OF A PERSONAL NATURE DIRECTED BY A COMPETITOR TO AN OPPONENT BY RIDICULING HIS/HER SKILLS, EFFORTS, SEXUAL ORIENTATION, OR LACK OF SUCCESS, WHICH IS LIKELY TO PROVOKE AN ALTERCATION OR PHYSICAL RESPONSE; AND PHYSICAL INTIMIDATION OUTSIDE THE SPIRIT OF THE GAME, INCLUDING "IN THE FACE" CONFRONTATION BY ONE PLAYER TO ANOTHER, STANDING OVER/STRADDLING A TACKLED OR FALLEN PLAYER, ETC.

48.2 ATHLETIC PARTICIPANTS MAY WEAR SUN GLARE BLACK ONLY UNDER THEIR EYES.

48.3 IN ALL SPORTS, OFFICIALS ARE TO CONSIDER TAUNTING A FLAGRANT UNSPORTSMANLIKE OFFENSE THAT DISQUALIFIES THE OFFENDING BENCH PERSONNEL OR CONTESTANT FROM THAT CONTEST/DAY OF COMPETITION. IN ADDITION, THE OFFENDER SHALL BE SUBJECT TO ALL EXISTING MIAA DISQUALIFICATION RULES. A REVIEW OF THE MIAA TAUNTING POLICY AND A WARNING SHALL BE GIVEN TO BOTH TEAMS BY GAME OFFICIALS PRIOR TO EACH CONTEST.

48.4 AT ALL MIAA CONTEST SITES AND TOURNAMENT VENUES, CONTEST MANAGEMENT MAY GIVE SPECTATORS ONE WARNING FOR TAUNTING. THEREAFTER, SPECTATORS WHO TAUNT PLAYERS, COACHES, GAME OFFICIALS, OR OTHER SPECTATORS SHOULD BE EJECTED.

CONCUSSION INFORMATION – MIAA HANDBOOK RULE 56

ALL MIAA MEMBER SCHOOL COACHES (PAID OR VOLUNTEER) ARE REQUIRED TO TAKE ANNUALLY THE ON-LINE NATIONAL FEDERATION CONCUSSION COURSE, OR OTHER RECOGNIZED EDUCATION PROGRAM, PRIOR TO THE START OF THEIR SEASON. THIS BOARD OF DIRECTORS' POLICY WAS EFFECTIVE WITH THE WINTER SEASON, WHICH BEGAN ON MONDAY, NOVEMBER 29, 2010.

ALL MIAA MEMBER SCHOOL ATHLETIC DIRECTORS AND ATHLETIC TRAINERS ARE REQUIRED TO TAKE ANNUALLY THE ON-LINE NATIONAL FEDERATION CONCUSSION COURSE, OR OTHER RECOGNIZED EDUCATION PROGRAM, PRIOR TO THE START OF THEIR SEASON. THIS BOARD OF DIRECTORS' POLICY IS EFFECTIVE WITH THE UPCOMING SPRING SEASON, WHICH BEGINS ON MONDAY, MARCH 21, 2011.

EACH SCHOOL'S MEDICAL PERSON/STAFF IS RESPONSIBLE FOR THE MEMBERS OF THAT TEAM. THESE INDIVIDUALS ANNUALLY MUST HAVE TAKEN, AND BEEN CERTIFIED IN, THE NFHS ON-LINE CONCUSSION COURSE OR OTHER RECOGNIZED EDUCATION PROGRAM. IN THE EVENT OF INJURY, THAT MEDICAL PERSON/STAFF WILL MAKE THE FINAL JUDGMENT AS TO WHETHER A STUDENT ATHLETE MAY RETURN TO PLAY.

COACHES CONTACT INFORMATION

TO BE FORWARDED

END OF SEASON CHECKLIST

TO BE FORWARDED