

Mayflower Athletic Conference By-Laws

www.mayflowerleague.com

(Revised June 14, 2018)



Full Members...

Avon
Blue Hills Regional
Bristol-Plymouth Regional
Holbrook
Old Colony Regional
Southeastern Regional
Tri-County Regional
West Bridgewater

Bishop Connolly
Bristol County Agricultural
Diman Regional
Norfolk County Agricultural
Sacred Heart
South Shore Regional
Upper Cape Regional
Westport

Associate Members...

Cape Cod Tech
Nantucket

Monomoy Regional

TABLE OF CONTENTS

ARTICLE 1 - NAME	3
ARTICLE 2 - MISSION STATEMENT	3
ARTICLE 3 - MEMBERSHIP	3
ARTICLE 4 - MAC BOARD OF DIRECTORS	4
ARTICLE 5 - MAC OFFICERS	4
ARTICLE 6 - DUTIES OF MAC OFFICERS AND MANAGERIAL CONSULTANTS/AGENTS	5
ARTICLE 7 - MAC EXECUTIVE BOARD	7
ARTICLE 8 - CONFERENCE FINANCES	9
ARTICLE 9 - ATHLETIC DIRECTORS LEAGUE RESPONSIBILITIES AND MEETINGS	10
ARTICLE 10 - BY-LAWS/BY-LAW INFRACTIONS/GRIEVANCE PROCEDURE	11
ARTICLE 11 - ATHLETIC SCHEDULES AND DIVISIONAL ALIGNMENTS	12
ARTICLE 12 - DIVISIONAL CHAMPIONSHIPS	14
ARTICLE 13 - SPORTSMANSHIP AWARDS	14
ARTICLE 14 - ALL-STAR PROCEDURE	16
ARTICLE 15 - SPECIAL CONFERENCE EVENTS	16
ARTICLE 16 - ATHLETIC DIRECTORS IN CHARGE OF SPORTS	17
ARTICLE 17 - END OF SEASON REPORT/ALL-STAR REPORT	17
ARTICLE 18 - COMMISSIONERS	18
ARTICLE 19 - OFFICIALS' FEES	19
ARTICLE 20 - MAC SPORTS RULES PREFACE	19
BASEBALL RULES	19
BASKETBALL RULES (B/G)	20
CROSS COUNTRY RULES	21
FOOTBALL RULES	22
GOLF RULES	24
ICE HOCKEY RULES (B)	25
LACROSSE RULES (Boys)	26
LACROSSE RULES (Girls)	27
SOFTBALL RULES(G)	29
SOCCER RULES(B/G)	30
TENNIS RULES B/G	30
TRACK SPRING (B/G)	31
VOLLEYBALL RULES	33
WRESTLING RULES	34
ATHLETIC DIRECTOR'S - SPORT ASSIGMENTS	35
MAC COMMITTEES	35
MAC SPORT COMMISSIONERS	36
COMMISSIONERS CONTRACT	37

MAYFLOWER ATHLETIC CONFERENCE BY-LAWS

ARTICLE 1 - NAME

Section 1 - The name of the league shall be the Mayflower League, Inc. (a.k.a. Mayflower Athletic Conference). The Mayflower League was established in 1968. The league was incorporated on December 29, 1997. As of August 2010, the Mayflower League will now be referred to as the Mayflower Athletic Conference (MAC).

ARTICLE 2 - MISSION STATEMENT

Section 1 - The purpose of the Mayflower Conference shall be to strengthen the work of the member schools in developing good sportsmanship and high ideals among contestants and teams and to promote activities for students attending Mayflower Conference schools.

ARTICLE 3 - MEMBERSHIP

Section 1 - There are two types of memberships---Full memberships and Associate memberships. Full memberships allow member schools to participate in all sports offered by the Conference and by the individual school. Associate members are allowed to participate in a limited number of sports offered by the Mayflower Athletic Conference.

Section 2 - The following secondary schools are full members of the M.A.C.: Avon, Bishop Connolly, Blue Hills Regional, Bristol County Agricultural, Bristol-Plymouth Regional, Diman Regional, Holbrook, Norfolk County Agricultural, Old Colony Regional, Sacred Heart, Southeastern Regional, South Shore Regional, Tri-County Regional, Upper Cape Regional, West Bridgewater and Westport.

The following secondary schools are associate members of the M.A.C.: Cape Cod Tech, Monomoy Regional and Nantucket.

Section 3 - Any MIAA member school is eligible to apply for membership and can be admitted to the M.A.C. in any sport by a two-thirds (2/3) vote of the full membership.

Section 4 - A school may be expelled from the M.A.C. by two thirds (2/3) vote of the full league members.

Section 5 - All schools must be members of the MIAA and must comply with MIAA rules and regulations. More stringent local rules may apply. Every M.A.C. Athletic Director must be knowledgeable regarding M.A.C. By-Laws and MIAA rules, policies, and procedures.

Section 6 - A one year written notice of a member's intent to withdraw from the M.A.C. must be submitted to the conference chairperson prior to the October meeting.

***Please refer to MIAA Handbook---Article 42, League Organization and Membership Changes.*

Section 7 - Any new school applying for full membership will be accepted by the M.A. C. only in a year when a new alignment is being established or during a two-year review year.

Section 8 - Full time member schools may not play an independent schedule if the Mayflower Conference offers a conference schedule for that sport. Exceptions to the above are as follows:

- A. if they have been suspended by the Mayflower Conference in that sport.
- B. if they did not request admission to the conference before the approval of preliminary schedules.
- C. If they have been allowed to seek outside competition for competitive purposes.

ARTICLE 4 - MAYFLOWER ATHLETIC CONFERENCE BOARD OF DIRECTORS

Section 1 - The Board of Directors shall consist of the athletic directors of the member institutions or their designated representatives. The BOD shall have final decision-making authority over all matters involving general policy and planning, membership, terms of employment of Conference officers, dues, schedules and budgets

ARTICLE 5 - MAYFLOWER ATHLETIC CONFERENCE OFFICERS

Section 1 - The MAC Executive Board shall be comprised of the Chairperson, Vice-Chairperson, and Past Chairperson, as well as a representative from each of the three divisions (Large Vocational, Small Vocational, and Comprehensive). To be eligible for consideration as Chairperson of the MAC, an AD must have served two years on the E-Board at any point during their tenure as Athletic Director in the MAC.

Section 2 - The Principal of the school of the presiding Chairperson is the President of the MAC.

Section 3 - Any Athletic Director wishing to sit on the Executive Board must notify the sitting chair of their intention by the full membership meeting in May. All nominations (except Past Chairperson) will be due at the May meeting. Executive Board positions will be voted on at the full membership meeting every other June, and will carry a two-year term.

Section 4 - Upon the completion of the two-year term, when there are two or more candidates for a position, a simple majority vote will determine the board member.

ARTICLE 6 - DUTIES OF MAYFLOWER ATHLETIC CONFERENCE OFFICERS AND MANAGERIAL CONSULTANTS/AGENTS

Section 1 - The President shall serve as the senior executive of the Conference. He/she shall have general supervision of the affairs of the Conference and perform all such other duties as are incident to his/her office or are properly required of him/her by the Board of Directors.

Section 2 - The duties of the Chairperson will include:

- Calling and presiding at regular, special, and executive board meetings.
- Appointing committee members.
- Coordinating and directing M.A.C. business.

Section - The duties of the Vice Chairperson will include:

- Assuming the duties of the Chairperson in his/her absence.
- Will be next in line to assume the position of Chairpersonship

Section 4 - Duties of the appointed Executive Board Members (see Article 19)

Section 5 - The duties of the Clerk/Consultant will include:

- Attend monthly Athletic Director meetings, regular and special, in order to record, prepare, file, and distribute official minutes. Distribute to the Historian for inclusion in archives.
- Attend Executive Board meetings and be responsible for the minutes.
- Distribute and publish the yearly calendar developed by the Executive Board.
- Collect and update contact information of all Athletic Directors in the conference.
- Share Coach's contact information on Google Drive with the MAC athletic directors

- Electronically distribute MAC agenda/minutes/by-law proposals prior to the monthly meetings as developed by the Executive Board.
- Will mail and manage contracts with league officials.
- Collect a Conference Report from the Athletic Directors in Charge. This report will include All-Stars, Player of the Year, Coach of the Year and Sportsmanship.
- Keep a record of Sportsmanship votes received from Athletic Directors in Charge for all sports. If clarification is needed, contact the ADIC. Tabulate votes at the end of the school year to determine the Darraugh Harlow Sportsmanship Award recipient.
- Distribute Conference Reports to the Media after the final approval by the all Athletic Director in Charge of that sport.
- Update weekly conference standings on the MIAA website and release to media.
- Organize the ordering, acquisition and distribution of all conference awards, trophies, plaques including Player of the Year awards for each sport and ensuring Athletic Directors have MAC All-Star certificates for the year. Work with the Subcommittee to do this.
- Responsible for league finances during the absence of the Treasurer.
- Distribute league schedules developed by the Athletic Directors in Charge and/or the Executive Board.
- Maintain and update the website.
- Assist in organizing any additional meetings, conferences (i.e. Principal's Meetings, Sportsmanship) as needed and recommended by league Athletic Directors and/or Executive Board.
- Submit corporate forms to the state agencies or assist in submittals as directed by the Chairperson.
- Act as Historian at Executive Board meetings or regular meetings during the absence of the Historian.
- Will contact ADIC on dates where POY/EOS goes out and dates that are due.
- Will send a reminder, a month ahead of time when schedules for specific sports are due.
- Will create a comprehensive calendar of all dates, which include all league deadlines and important testing dates throughout the year.

Section 6 - The duties of the Financial Manager/Consultant will include:

- Deposit conference monies in a timely manner.
- Prepare and file annual conference tax return forms, when necessary.
- Collect conference annual dues and all other assessments.
- Organize and pay conference expenses in a timely manner.
- Attend Athletic Director meetings.
- Attend Executive Board meetings when requested.

- Maintain conference financial records.
- Submit the Treasurer's Report at the beginning of each month to conference members.
- Produce any financial document of event/special expenses that are not part of the monthly report as requested by the Executive Board.

Section 7 - The duties of the By-Law Manager/Consultant will include:

- Review monthly minutes for by-law changes.
- Maintain copies of all conference by-law changes, motions and voting counts.
- Prepare a summary of yearly conference motions/votes to be archived at the end of each academic year.
- Amend the conference by-laws and electronically distribute updated copies as needed.
- Distribute a revised electronic copy of the conference by-laws prior to the August meeting.
- Maintain an electronic file with an updated copy of the conference by-laws.
- Submit by-law changes to the Clerk/Consultant for posting on the website.
- Attend monthly Athletic Director meetings.
- Attend monthly Executive Board meetings when requested by the Executive Board.
- Must coordinate with the Clerk to have Historian role covered at the meetings.

Section 8 - The installation of officers and managers shall be the last order of business at the June meeting.

ARTICLE 7 - MAYFLOWER ATHLETIC CONFERENCE EXECUTIVE BOARD

Section 1 - The Executive Board will meet monthly. Their meetings must be held prior to the general meeting of the Board of Directors.

Section 2 - Duties and Responsibilities of the Executive Board include:

- Attend all Executive Board meetings and remaining until the end of the meeting. Board members unable to attend should notify the Board's President as soon as possible. Any Executive Board member who is absent for three consecutive meetings without prior notice may be relieved of his/her duties, and a new Board member will be appointed by the remaining Board members for the unexpired term.
- Serve as leaders in the athletic profession and set an example for other members

- of the Association and for external constituencies.
- Act as a *Grievance Committee* for the Conference.
- Adhere to the policies and procedures adopted by the Conference and provide suggestions for change when appropriate.
- Serve as an active participant in decisions made by the Board on behalf of the members.
- Recuse themselves on any votes that will produce an unfair bias on decisions made by the board involving their school
- Act in emergencies which do not warrant a special meeting of the entire M.A.C. membership or on matters for which the President seeks their advice and assistance.
- Committee chairpersons, managerial consultants, liaisons, and guests may attend meetings of the Board, enter into discussions if recognized by the President, and make presentations, but shall not have voting privileges.
- Assist in preparing the agenda for the Conference monthly meeting.

Section 3 - Duties of the President of the Executive Board (Chairperson of the M.A.C.) include:

- Serve as chairperson of the Board and the M.A.C.
- Preside at all Executive Board and M.A.C. business meetings.
- Provide leadership and direction to all activities of the Association, the Executive Board, and at all standing and ad hoc committee meetings.
- Appoint all committees and ad hoc chairpersons subject to the approval of the Executive Board.
- Serve as an ex-officio member of all committees.
- Review treasury expenditures.

Section 4 - Duties of the President Elect (M.A.C. Vice Chairperson) include:

- Assist the President when requested.
- Prepare for his/her term of office.
- Attend Executive Board meetings.
- Insure that all committee chairpersons' positions are filled for the coming year prior to the final business meeting of the year.
- Serve a one-year term as President-Elect, a second year as President, and a third year as immediate Past President. In the absence of the President, preside over the Executive Board meetings.
- Perform other duties as requested by the President.

Section 5 - Duties of the Past Chairperson include:

- Serve a one-year term on the Executive Board.
- Perform any duties as requested by the President.

Section 6 - Duties of the At-Large Representatives include:

- Inform all member schools of Board actions.
- Bring concerns of the membership to the Executive Board for consideration.
- Appointed by the Executive Board and approved by the Board of Directors.
- Perform other duties as requested by the President.

ARTICLE 8 - CONFERENCE FINANCES

Section 1 - The annual dues and assessments will be determined at the October monthly meeting for the following year.

Section 2 - The annual assessment invoice, dated July 1st, must be paid in full by November 1st of the same year.

Section 3 - The annual assessment invoice will include annual dues, fees for Schedule Star, League Tournaments/Meets/Classics and incurred penalties.

Section 4 - The annual dues for associate members will be 50% of the standard membership fee for full members. Any additional assessments as listed in Section 3 will also be included on the annual dues invoice. Associate members participating in more than one season will pay full dues.

Section 5- Invoices will include a due date. Financial late payments will each be subject to an additional \$50.00 penalty to be assessed on the annual assessment invoice for the following year. Payments will be subject to an additional \$25.00 penalty for each month they are past due. Purchase Orders will be accepted. All invoices will be procured through the Business Office of member schools only.

Section 5-A- All required forms will have a required due date and be subject to a \$25.00 penalty to be assessed on the annual assessment invoice the following year if they are late. Some of these forms will not be accepted after they are due or a set number of days after they are due.

Section 6 -A \$700 stipend will be paid to the presiding M.A.C. chairperson to attend the

NIAAA Conference. Should the Chairperson be unable to attend, either the past Chairperson who has not previously attended, the incoming Chairperson or a designee chosen by the Executive Board may attend.

Section 7 - The Mayflower Athletic Conference will provide Player of the Year and Coach of the Year award plaques in each division seasonally.

ARTICLE 9 - ATHLETIC DIRECTORS LEAGUE RESPONSIBILITIES AND MEETINGS

Section 1 - It is the responsibility of the Athletic Director to have school representation at all mandatory meetings.

Section 2 - It is mandatory that all M.A.C. schools post on the MIAA website the results of all Conference/non-Conference contests within 24 hours of the scheduled contest.

Section 3 - Meetings shall be held on a monthly basis beginning in August. A notice shall be given to all members prior to each meeting. During the school year, meetings will be held on the second Thursday of each month commencing at 9:20am, scheduling will be done from 9:00am to 9:20am, unless changed by the Executive Board. M.A.C. meetings are an integral part of the successful operation of the Conference and therefore, all athletic directors are required to be in attendance. Upon the second absence of an athletic director, a letter will be forwarded to the school's principal. A third absence will result with a meeting among the MAC Executive Board, the school principal, and the athletic director. Associate members are required to attend all meetings regarding their particular sports/seasons.

Section 3-A - It is "highly recommended" that all Mayflower Athletic Conference schools have a certified athletic trainer on site at all home events.

Section 4 - All meetings must have a quorum of 2/3 of the full member schools.

Section 5 - Associate members may only vote on the issues related to the sports in which they participate or directly affect their school. ***Full members, when voting on an issue that doesn't pertain directly to their school, must be aware that their vote may affect budget, time, and travel of another school in the conference and that they should consider abstaining on that vote.

Section 6 - A two-thirds vote of full members is required for by-laws changes. A simple majority vote will decide all other M.A.C. issues unless otherwise specified. In order to cast a vote on any conference matter, a representative from a member school must be in attendance. However, under extenuating circumstances, a written proxy vote to the clerk/chairperson will be accepted

within 24 hours of the meeting. Verified electronically submitted proxies will be accepted.

Section 7 - In all decisions not specified within these by-laws, Robert's Rules of Order will prevail.

ARTICLE 10 - BY-LAWS/BY-LAW INFRACTIONS/GRIEVANCE PROCEDURE

Section 1 Amendments to the by-laws may be made at any meeting of the association provided notice of the proposed change(s) has been submitted in writing or submitted electronically to all members of the league 6 calendar days in advance of the monthly meeting. Any by-law change will require a two-thirds (2/3) vote of the full-time members present.

Section 2 - Definition of a grievance: A question, problem or disagreement which arises concerning:

- a. Interpretation of league policies.
- b. Violations of by-laws, sport's rules, MIAA policies or the code of ethics/sportsmanship

Athletic Directors are responsible to enforce all violations as listed above. When a violation has been confirmed by the Executive Board, a letter of noncompliance will be sent to the offending school's Principal and Athletic Director.

Section 3 - The grievance committee shall consist of the members of the Executive Board. If a committee member's school is involved in the grievance, the athletic director cannot participate in the decision.

Section 4 - Purpose of this procedure:

- a. To secure at the lowest possible level an equitable solution to the problem affecting the welfare of the athletes, coaches, schools and the Mayflower Conference.
- b. All parties agree that proceedings will be kept informal and confidential.
- c. Any party who allows the media to receive any information regarding the grievance shall be considered in violation of the grievance procedure and appropriate action will be taken by the Executive Board.

Section 5 - Procedure to follow when filing a grievance as defined above:

Step 1 - The aggrieved party will attempt to resolve the matter informally with his/her superior and the school involved as soon as possible.

Step 2 - If within three days after the date of the discussed grievance the matter is not

resolved, the aggrieved party shall request the Athletic Director to submit in writing their grievance to the M.A.C. Executive Board. The Executive Board will render a decision within ten school days.

Step 3 - If the aggrieved party still is unsatisfied they may request a meeting of M.A.C. Executive Board's Principals.

ARTICLE 11 - ATHLETIC SCHEDULES AND DIVISIONAL ALIGNMENTS

Section 1 - The following sports will be recognized for conference competition -

Fall Season Sports

Football
Boys'/Girls' Soccer
Boys'/Girls' Cross Country
Golf
Girls' Volleyball

Winter Season Sports

Boys'/Girls' Basketball
Ice Hockey
Wrestling

Spring Season Sports

Baseball
Boys'/Girls' Tennis
Boys'/Girls' Track
Boys'/Girls' Lacrosse

Section 2 - Games will be scheduled around SAT dates, MCAS dates, major vocational group events, and other pre-planned school functions. It is the responsibility of the athletic director involved to adjust game changes due to the above events no later than the first play date.

Section 3- Schedules should be reversed (home/away) during the first two years and rotated/reversed the final two years of an alignment.

Section 4 - **Conference** Schedules for the next academic year are to be presented as follows:

<u>Season</u>	<u>Notification</u>	<u>Approval</u>
Fall Sports	November	December
Winter Sports	February	March
Spring Sports	May	June

Section 5 - **Make-up and Postponements of Games**

Make-up games shall be scheduled for the "next available day." Games must be played within a period of 12 days. If necessary, weekends and school vacations must be utilized. All games must be played before the tournament cut-off date. If an impasse should occur, a mediation committee will be formed consisting of the conference chairperson, the past chairperson, and the

Athletic Director in charge of that sport. If any of the above committee members' school is involved in the process then the conference vice-chairperson or the next full member school's athletic director in alphabetical order will be the alternate committee member(s). A decision must be rendered within 24 hours.

If an extenuating situation occurs and a scheduled athletic event must be postponed, then verbal communication must be made between both school's Athletic Directors and/or School Administrators. A member school that postpones games due to unavoidable situations must attempt to make up the game in the order in which the games were originally scheduled. Conference games have priority over non-conference games in the make-up process.

Section 6 - Any Conference member starting a new sport must declare their intent in writing to the Conference chairperson one month prior to the preliminary approval month listed above. Extenuating circumstances regarding this time frame will be considered.

Section 7 - A school that eliminates a varsity sport and subsequently reenters the Conference in that sport will return to their previous divisional alignment. A school that newly establishes a varsity sport will be placed in a division by the type and size of the school.

Section 8 -Due to budget constraints, if a school eliminates a sport that school must wait until the following academic year to receive a Conference schedule. Should the funds become available after the schedule has been finalized, an independent schedule for the current year would be allowed.

Section 9 -Forfeiture of Games.

- A. If a team forfeits two games within a season they may be subject to review by the Executive Committee as to whether the team(s) will receive a Conference schedule for the following academic year.

Section 10 - Number of Divisions per Sport

A- The conference will be divided into three divisions: Large Vocational (Division 1), Small Vocational (Division 2), and Comprehensive (Division 3). Alignments will be determined by the total enrollment of both boys and girls. Current October 1st DOE data will be used during realignment. The four-year cycle will begin in the fall of 2013.

B- Sports exempt from the three divisional alignments are football, golf, hockey, wrestling, B/G lacrosse, track and tennis until such time as these sports have enough participating schools to warrant a three-division concept.

C- Divisional alignments will be reviewed every 4 years. Review of alignments will occur the fall of the third year of the cycle for that alignment. If using enrollment data, the

October 1 data for that year will be used.

ARTICLE 12 - DIVISIONAL CHAMPIONSHIP

Section 1 - Divisional championships

- a. Final placement will be based on a team's winning percentage within the division, except for teams using a point system as per MIAA standings.
- b. The Conference will supply plaques to all divisional winners.

ARTICLE 13 - SPORTSMANSHIP AWARDS

Section 1 - Darraugh E. Harlow Memorial Sportsmanship Award

a. Background Information -

Darraugh E. Harlow, Jr. was a three-sport athlete and baseball all-star at Middleboro High School. He continued to play baseball at the University of Bridgeport, Connecticut where he earned a Bachelor's Degree and later received his Master's Degree from the University of South Carolina. Mr. Harlow was a Physical Education instructor, Basketball coach and Athletic Director at Bristol-Plymouth High School. He coached basketball there for 20 years and received many awards including "Coach of the Year" several times. In addition, Mr. Harlow worked summers at the Poquoy Brook Golf course where was employed as a starter, ranger, and pro shop manager. Unfortunately, in October of 1997, Mr. Harlow passed away suddenly.

The MAC proudly presents the Darraugh E. Harlow Memorial Sportsmanship Award in his memory.

b. Criteria for Award -

1. This award is only available to full-time member schools.
2. Each year one school will be recognized for demonstrating a sincere commitment to the highest ideals and objectives of sportsmanship.

c. Scoring Procedure -

1. Each MAC school will vote for the team in each sport in which they compete, excluding their own team, which best exemplifies the ideals and qualities of good sportsmanship.
2. Each school's vote will be recorded on the All-Star template form.
3. If a team fails to submit a vote, they will forfeit any votes they may receive in that sport.
4. The formula to determine the recipient of the award will be based on a percentage of

the total number of sports each school competes in at the varsity level.

d. Each year the recipient of this award will be eligible to compete for the District "D" Sportsmanship Award presented at the beginning of the next academic year.

e. The recipient of this award will be announced at the final MAC monthly meeting of the year, typically held in June.

f. The MAC will purchase the Darraugh E. Harlow Sportsmanship Award Banner for the recipient. Banner wording????

Section 2 - Ritchie Elgar Wrestling Award

a. Background Information -

Ritchie Elgar graduated from Tri-County Regional Vocational Technical High School. At Tri-County, Ritchie was honored as a Sectional and State Vocational Champion and Division 3 State Finalist in Wrestling. During his sophomore year, Ritchie was undefeated in his weight class and had 30 wins. He went on to place 5th in the All-States Tournament. Shortly thereafter, he was injured in a tragic automobile accident and was paralyzed from the sternum down. Despite his injuries, he persevered and graduated with his classmates in _____. He worked tirelessly to gain back as much mobility as possible. Through his work with Project Walk (Boston) and Journey Forward (Canton), Ritchie has never given up on his desire to be the best he can be. He is an inspiration to all.

The MAC proudly presents the Ritchie Elgar Wrestling Award in his honor.

b. Criteria for Award -

1. Positively influences a program from "behind the scenes".
2. Willingness to help in whatever capacity necessary.
3. Shows courage and inspiration to others
4. Exemplifies team spirit.

c. Selection Process -

Nominations and voting will be managed by the ADIC of Wrestling. The ADIC will be responsible to present the nomination to the MAC membership for approval. This is a special recognition award and may not be given every year.

d. Plaque Wording -

"For his courage and inspiration to others"

"Exemplifies the true meaning of the phrase team spirit."

e. The MAC will purchase a Ritchie Elgar Sportsmanship Award plaque for the recipient

ARTICLE 14 - ALL-STAR PROCEDURE

Section 1 - The final standings will determine All-Star selection. Standings will be based on a team's winning percentage within the Division, with the exception of teams using a point system as per MIAA standings.

Section 2 - The number of All-Stars per team will be determined by the MAC All-Star grid. The formula for the grid is 50% of the number of starters plus the number of teams in the Division (rounded up) plus one for all teams within a division of 5 or more.

Section 3 - In the event that a tie exists, both teams will receive the number of All-Stars allotted to that place and the next allotted place number will be skipped. Due to ties, the total number of allotted all-stars may be increased.

Section 4 - A school may choose not to use their allotted all-star from the MAC All-Star grid. In that case, the all-star will be deleted and not utilized for that sport season.

Section 5 - The MAC Player of the Year and the MAC Coach of the Year recipients will be determined by the player/coach receiving the greatest number of votes.

a. Should there be a tie for the MAC Player of the Year, there will be MAC Co-Players of the Year.

b. Should there be a tie for the MAC Coach of the Year, the coach who has the best record will be selected.

c. Should there still be a tie for MAC Coach of the Year, there will be MAC Co-Coaches of the Year.

Section 6 - The MAC will supply All-Star certificates and plaques for the Player of the Year and the Coach of the Year in every division for each sport.

Section 7 - There will not be an All-Star game for any sport sponsored by the MAC.

ARTICLE 15 - SPECIAL CONFERENCE EVENTS

Section 1 - There may be Classics, Jamborees, etc. approved by the MAC Board of Directors.

Section 2 - Athletic Directors in Charge of Sports and/or MAC subcontractors will receive an

additional stipend when involved in Special Conference events. These include:

A. \$100 Coordinators & Site Directors for Classics/League Meets, etc.

B. \$50 Scorers, Timers, Ticket Sellers, PA announcer, etc

Section 3 - The ADIC and/or MAC subcontractors must file a financial record, with all expenses, names of people being paid and income from the event. This document must be presented **within a sufficient time frame** to the Financial Consultant after the event is completed.

ARTICLE 16 - ATHLETIC DIRECTOR IN CHARGE OF A SPORT

Section 1 - There shall be an athletic director appointed for each recognized sport hereinafter referred to as the Athletic Director in Charge (ADIC) to handle all matters pertaining to that sport. The ADIC's for each season will work together at a season scheduling meeting to create the schedules.

Section 2 - It is the decision of the ADIC whether a pre/post season meeting will be held. If a meeting is held, minutes and attendance should be taken and sent to the Clerk so they can be included in the minutes of the next monthly meeting of the MAC. If a meeting is held, all schools must send a coach/representative to that meeting.

Section 3 - Athletic Directors in Charge are responsible for collecting updated coaches contact information for their sport and sending it to the Clerk; for distributing to and collecting from Athletic Directors the End-of-Season Report for their sport. ADIC's will ensure results are fair and complete and then forward a completed conference report to the Clerk.

Section 4 - A yearly stipend of up to \$100 may be paid to each Athletic Director in Charge of a sport at the conclusion of each season, if funds are available. If funds are limited during a school year, Athletic Director stipends will be rescinded that school year by a vote of the Executive Board. If funds become sufficient by the May meeting a second vote to reinstate all stipends will be taken and paid at the June meeting.

ARTICLE 17 - END OF THE SEASON REPORT/ALL-STAR REPORT

Section 1- It is each school's responsibility to fully complete and submit an End of Season Report/All-Star Form (EOS) for all sports in the MAC. Reminders: **A.** Schools must vote for the MVP candidate in their own division and they cannot vote for their own player. **B.** The vote

for the Coach of the Year must be a candidate from within your division. C. Schools must vote for a school within their division (and not their school) for the Sportsmanship Vote.

Section 2 - The **ADIC** will distribute the E.O.S./All-Star Form directly to the coaches and cc. all MAC Athletic Directors. All schools must vote for all three categories: Coach of the Year, Player of the Year, and the Sportsmanship Vote. MAC Athletic Directors should review the form with their coaches before they are returned to the **ADIC**. The due date for the EOS/All-Star form is one day after the MIAA cut-off date for that sport. Late forms will each be subject to an additional \$50 penalty to be assessed on the dues' invoice for the following year. (Article 8 sec. 5)

Section 3 - Coaches will be requested to nominate any of their own player/players for Player of the Year. Their nominations need to include name, number, position, and any other information to support their nomination. The ADIC will include this list of nominations for Player of the Year when the EOS forms are emailed to each school.

Section 4 - Once approved by all conference athletic directors the report should be sent to the conference clerk to be posted on the website and emailed to the media. The due date for the conference summary reports to the conference clerk is 7 days after the End of the Season due date for that sport. Sports that have conference championships or an end of season meeting the due date will be 7 days after the day of the conference event.

ARTICLE 18 - COMMISSIONERS

Section 1 - A conference commissioner or commissioners will be designated for each sport requiring officials. Any conflict which may arise from this process please refer to Article 10 of the By-Laws: By-Laws/By-Law Infractions/Grievance Procedure.

Section 2 - The Commissioner's fee will be determined at conference meetings. Subcontracted commissioners will ultimately be responsible to the contracted commissioner. Payment will be made to the contracted commissioner only.

Section 3 - Each conference commissioner will be required to become a member of the "Arbiter." They will be required to allow access to the "Arbiter" or a similar means of communication by all conference schools.

Section 4- An evaluation of all contracted commissioners will be held at the June meeting of each year. Upon "recommendation to rehire" by the conference, the Clerk will be responsible to distribute and obtain signed contracts for each commissioner in June for the upcoming year.

The contract shall be signed by the Clerk and each Commissioner.

ARTICLE 19 - OFFICIALS' FEES

Mayflower Conference member schools shall adhere to MIAA recommended fees schedule for all officials registered with the MIAA for all varsity and sub-varsity conference contests.

ARTICLE 20 - MAYFLOWER ATHLETIC CONFERENCE SPORTS RULES PREFACE

1. All MIAA rules and modifications will be adhered to at all levels for all sports.
2. Whenever there are two or more divisions in a sport that has total cross over between any two divisions, the total wins and losses will count toward the championship.
3. If two or more schools have identical won-lost records then co-champions will be declared.
4. All postponed contests will be played on the next mutually available date. It is emphasized that the rescheduling should take place as soon as possible.
5. No games may start prior to 3:30pm unless mutually agreed.
6. All Conference events held on school days except for Friday evening games are to start at 3:30pm unless a different time is mutually agreed upon.
7. All evening games in boys' and girls' basketball will be played at 5:00pm and 6:30pm.
8. All Conference schedules are to be finalized two days after the regularly scheduled Board of Directors meetings in September, December, and April.
9. Due to advanced technology, all conference games may be filmed unless prohibited by NFHS and NCAA rules.

BASEBALL RULES

1. All games will be played using the Sporting News Rules.
2. Games will start at 3:30 PM.
3. All games will be 7 innings in length unless shortened by rule. At the conclusion of the varsity game, no new inning may start in the junior varsity game if the teams are playing at the same site. If playing at opposite sites, no junior varsity game will start a new inning after 5:15pm.
4. There shall be at least two board officials assigned to both Varsity and Junior Varsity games.

5. The official ball shall be the Diamond D-1 Pro or equal.
6. The Championship will be determined by the best Won-Lost record.
7. Lineup cards must be presented to the umpire-in-chief when reviewing ground rules.
8. Substitution Rules--The NFHS re-entry rule will take effect for the entire season. Any of the starting players may be withdrawn and re-entered once, provided such player occupies the same batting position whenever he is in the lineup. The DH is considered the 10th starter and can also be re-entered. Exception to the NFHS re-entry rule: If a pitcher is removed from the mound and put on the bench he can't re-enter as a pitcher for any reason. However, the pitcher can re-enter as a positional player if the re-entry rule is followed. A substitute who is withdrawn may not re-enter. After the umpire has received the official line-up card prior to the game, the player listed as the pitcher shall pitch until the first opposing batter has been put out or has advanced to first base.
9. Hidden ball is in effect.
10. Bases will be coached by a player in uniform or a coach.
11. Slaughter or 15 Run Rule is in effect only if mutually agreed upon.
12. Home team must be finished with their home game warm-ups 15 minutes before scheduled start of the game.
13. Visiting teams will not take batting practice on the home field.

BASKETBALL RULES (B/G)

1. All games will be played using the National Federation of High School Sports Rules.
2. Monday - Thursday games will start at 3:30 PM for Junior Varsity and 4:30 PM for Varsity. Friday games will start at 5:00 PM for Junior Varsity and 6:30 PM for Varsity. These times may be changed by mutual consent. (All evening games in boys' basketball will be played at 5:00pm and 6:30pm.)
3. National Federation Rules will determine period length.
4. There shall be at least two board officials assigned to both Varsity and Junior Varsity

games.

5. The official ball shall be the Spalding Top Flite 1000 or equal.
6. The Championship will be determined by the Won-Lost record.
7. Home teams will wear light colored jerseys.
8. An adult timer and scorer will be used in all Varsity games.
9. The home team will supply 5 basketballs for each team's warm-up drills.
10. All visiting coaches must remain with their respective teams.
11. The rules to allow shooting at the half will be determined by the Athletic Director of that school (home rule).
12. The first block of the free throw lanes will be left open with the second, third, and fourth blocks filled.
13. During the regular basketball season MAC Cheerleaders will perform at home games only.

CROSS COUNTRY RULES

1. All meets will be run using MIAA rules.
2. During the regular season, the first race should start by 3:30.
3. Although not mandatory it is recommended to have at least one official assigned by each school.
4. The regular season Conference Champion will be determined by the best conference Won-Lost record in each division.
5. Adequate time should be allowed to have visiting team(s) tour and become familiar with the course before a meet.
6. The home team is responsible for providing adequate spotting along the course where needed, such as at dangerous intersections, blind crossings, heavily traveled roads, etc.

7. To allow for accurate scoring, runners may be handed a stick or card showing their placing as they cross the finish line.
8. **The Mayflower Athletic Conference Championship Meet:**
 - a. Will be held annually at a predetermined site at the end of the season.
 - b. Numbers of entries for the varsity and JV race will be unlimited. In the varsity race, walking will not be permitted (unless, because of injury). A bench mark time of 35 minutes has been set for both boys & girls for the Varsity race.
 - c. The top 7 finishers from each division will be named All-Stars. An eighth slot will be available in case an elite Conference athlete is unable to finish the race. Runners of the Year will be determined by the first-place finisher in both the boys and girls race in each division.
 - d. Teams with less than 5 runners will run as individuals and are eligible for all individual awards.
 - e. Medals will be awarded to individuals placing 1st to 7th from each division in each gender.
 - f. Plaques will be awarded to the top two finishing teams for both boys and girls.

NOTE: All runners must start the race and finish the race with their team uniform on.

FOOTBALL RULES

1. All games will be played using NCAA Rules.
2. Start Times:

Game times will be either:

 - a. Friday at 3:30pm or 7:00pm
 - b. Saturday at 11:00am or 1:00pm
 - c. The SAT date game time will be 2:00pm.

**Home teams choose the start time.
3. Travel to the Island -
 - a. Divisional opponents only have to travel to the Island once per season. If varsity is on the Island then JV does not have to go over.
 - b. Non-Divisional opponents only have to go over once per cycle of home and away (two years).
 - c. Any school can choose to play over on the Island if they want.
4. Scheduling: Schools will be placed in a two-divisional format for a two-year period. Each division will play everyone else in that division to determine a champion. There will be one mandatory crossover game between divisions if the schedule permits. That match up

will be determined based on where a team places using the formula and two years data. Teams placed in the same position in each division will play each other (that is: first plays first, second plays second...). Arrangements can be made by mutual consent to change this process but the league will not require more than one crossover.

5. Periods will be 10 minutes in length, except for Thanksgiving Day, which can be 11 or 12-minute periods if mutually agreeable.
6. There shall be at least 4 approved board officials for each Varsity game, plus an official clock operator if a clock is available.
7. The official ball shall be the Wilson F1001 or equal.
8. The Championship will be determined by the best team won-lost record using two points for a win, one point for a tie and 0 points for a loss.
9. Home team will wear dark colored jerseys.
10. Tie-Breaker Rule:
 - a. Divisional game (small v. small, large v. large) will use the new MIAA tie breaker rule and play until there is a winner.
 - b. Inter-divisional games (small v. large) will use the old MIAA rule allowing each team only one possession. Note the game may end in a tie unless mutually agreed to play to a win.
 - c. Non-league games must be decided by individual schools.
11. Conference Championship and Place Tie Breaker rule for the MIAA Playoff spots will be as follows:
 - B. Head to head competition
 - C. Coin toss
12. Amendment: Film exchange policy.
 - A. The film exchange policy will work as follows:**
 1. Head coaches will talk the week before the game regarding films.
 2. The quality of films is discussed and both parties are aware of any poor filming situations or incomplete situations.
 3. One film from the previous two weeks must be exchanged by the Monday of game week. It should occur when a team scouts the other team the week before.

4. If the exchange does not occur then both AD's and principals from each school are notified as well as the AD in Charge of football.
5. Minor issues should be brought to the two AD's of the school and then to the AD in Charge of football.

GOLF RULES

1. All matches will be played using the United States Golf Association Rules and must comply with the MIAA handbook.
2. Match start times will vary due to country club regulations.
3. Nine Holes will constitute a completed match.
4. No officials are assigned to matches.
5. There is no official match ball, but the ball must conform to USGA rules.
6. Championship will be determined by best league Won-Lost record.
7. **Match play format:**
 - A. Total points in which match play is nine.
 - B. The winner of the match is the school that wins five points. (5-4)
 - C. A tie can result if individual players tie their match or there is a tie for best ball.
(4 $\frac{1}{2}$ - 4 $\frac{1}{2}$)
 - D. Each team will consist of six golfers.
 - E. Each flight consists of 4 golfers.
 - F. Each flight will play for a total of three points.
 1. Two match play points. (#1 Vs #1, #2 Vs #2)
 2. Combined best ball of all four golfers.
 - G. A winner of a match will be determined when a player has won one more hole than is left to play. (Up to three holes with two to play)

- H. Best ball will be determined by the lowest score of all four players for each hole.
1. A tie will result when each team in the flight has won the same number of holes.
 2. In the event of a tie each team will receive a point for their team.

8. Female golfers participating on a boys' team must hit from the tee box in front of the tee box that the boys' team is hitting from.

9. If short of players spots 1-5 must be filled.

10. A player MAY obtain distance information by using a device that measures distance only. A player MAY NOT use any device to measure other conditions such as gradient, wind speed, temperature, etc.

END OF SEASON LEAGUE TOURNAMENT

1. Each school sponsoring golf can bring a maximum of four players to the conference match.
2. A school that does not sponsor golf can send a maximum of two players to the league match.
3. Conference match format shall be stroke play and follow USGA rules of golf

ICE HOCKEY RULES (B)

1. All games will be played using National Federation of High School Sports Rules.
2. Games will start at times determined by the home team and the ice facility they use.
3. All games will consist of three - 15-minute periods.
4. There shall be two board officials assigned to both Varsity and Junior Varsity games.
5. All pucks used must be black in color.
6. The Championship will be determined by using two points for a win, one point for a tie and 0 points for a loss.
7. The home team will wear light colored jerseys.

8. The home team will be responsible for the following:

- A. Ice rental
- B. Adult timer
- C. Doctor or EMT in attendance.

BOYS' LACROSSE GAME RULES & REGULATIONS

1. The Conference will follow U.S. Lacrosse Rules, except as modified by the MIAA.
2. Starting times for afternoon games will begin at 3:30pm with the varsity game being played first in its entirety. In the event of a night game, the starting time will be left up to the discretion of the individual schools involved.
3. The Commissioner of Officials will assign two officials to each varsity and junior varsity game when possible.
4. Varsity games are comprised of 12-minute quarters and Junior Varsity games will be comprised of 12-minute quarters with running time. Junior Varsity games should begin at 5PM or no later than 10 minutes after the completion of the varsity game.
5. If there is a 12 or more-goal lead in the 3rd quarter there will be running time unless the margin goes below 12 where stop time would then be instituted. If a team is leading by 12 goals at the end of the 3rd. quarter, or at any point in the 4th. Quarter we will have running time for the remainder of the game. There will be no resumption of stop time once the score exceeds 12 in the 4th. Quarter.
6. Where possible, bench location for both teams should be opposite spectators.
7. All spectators are to be kept away from the scorer's area.
8. The Licensed Athletic Trainer or EMT who is assigned to the contest will have the final say on all injuries.
9. All Mayflower Conference games with Mayflower Conference teams will continue to play an overtime period if the score is tied at the end of regulation. The overtime period is not to exceed 5 minutes and will be continuous until one team scores and is declared the winner. Non-League games overtime criteria will be handled by the officials and coaches prior to the start of the contest.

Home Team Game Responsibilities

1. A scoring table must be provided for all varsity games. Official time will be kept at the scorer's table. The individual responsible for keeping the time of the game should be an adult and not a student at his or her school. There also must be some type of scoreboard used to track the score of the game per U.S. Lacrosse Rules.
2. The home coach is responsible to check the markings, lines, repair nets, train timers, and have clocks, air horns, etc. at the home site. It is recommended that the home team will be responsible to supply water to the visiting team with a 10-gallon jug. The away team should supply their own 6 packs of water bottles.
3. All home teams should make every effort possible to have a certified licensed athletic trainer or EMT at each home game.
4. Bathrooms should be made available to all visiting teams as they arrive at the site of the game.

JV Lacrosse Tournament (Cancelled for the 2016 season)

--Seeds 1-6 based off league record throughout the year

--Seeds 1/2 receive byes on with seeds 4/5 and 3/6 playing round one.

--Seeds 1/2 will host the winners of the round one games; Winners will advance to the finals the following day.

Meetings

1. The Mayflower Conference pre-season coach's meeting will be held within 2 weeks of the start of the spring season. The agenda will include introduction of new rules by the league assigner, post-season information, sportsmanship concerns and any new business.
2. Post-Season meeting will be determined by the coach's in the league at the pre-season meeting.
3. If a meeting is scheduled all coaches with the Mayflower Conference are expected to be in attendance.

GIRLS' LACROSSE GAME RULES AND REGULATIONS

All teams will follow the rules of the U.S. Lacrosse as modified by the current MIAA Blue Book.

POLICIES

1. If teams are playing on the football field that has a track around it there may be no track meet or track practice 15 minutes prior to the start of the game and during the game.
2. Protective goggles must be worn as specified in the U.S. Lacrosse rule book.
3. Goalkeeper shirts must be numbered and worn over the chest protector unless the same color. Goalies must wear some type of throat protector.
4. Game balls must be yellow, lime and orange in color. They also must have NOCSAE written on them.
5. Coaches/Athletic Directors should review field diagrams from the U.S. Lacrosse rulebook on an annual basis and insure that all field markings conform.
6. Mouthpieces/guards must be worn by all players, including goalies. Goalie mouthpieces may be attached to the helmet face guard. Colored mouth guards are mandatory. They cannot be clear or white or have teeth markings on them.
7. Running time: Any time a 10-goal differential occurs, the game will be played under running time. If the margin is subsequently reduced to none or less, regular time will be employed.
8. Undergarment Rule: This rule is to be strictly enforced with the MIAA Rule. Referees are requested to check and enforce. The responsibility begins with each coach at each level.

HOME TEAM GAME RESPONSIBILITIES:

1. A scoring table must be provided for all varsity games. Official time will be kept at the scorer's table. The individual responsible for keeping the time of the game should be an adult and not a student at his or her school. There also must be some type of scoreboard used to track the score of the game per U.S. Lacrosse Rules.
2. The home coach is responsible to check the markings, lines, repair nets, train timers, and have clocks, air horns, etc. at the home site. The home team will also be responsible to supply water to the visiting team with a 10-gallon jug. The away team should supply their own 6 packs

of water bottles.

3. All home teams should make every effort possible to have a certified athletic trainer at each home game.

4. Bathrooms should be made available to all visiting teams as they arrive at the site of the game.

Meetings

1. The Mayflower Conference pre-season coach's meeting will be held within 2 weeks of the start of the spring season. The agenda will include introduction of new rules by league assigner, post-season information, sportsmanship concerns, and any new business.

2. Post-Season meeting will be determined by the coach's in the league at the pre-season meeting.

3. If a meeting is scheduled all coaches within the Mayflower Conference are expected to be in attendance.

SOFTBALL RULES (G)

1. All games will be played using NFHS Sport Rules.

2. Games will start at 3:30 PM.

3. All games will be 7 innings in length unless shortened by rule. At the conclusion of the varsity game, no new inning may start in the junior varsity game if the teams are playing at the same site. If playing at opposite sites, no junior varsity game will start a new inning after 5:15pm.

4. There shall be two board officials assigned to Varsity and Junior Varsity games.

5. The official ball shall be the Dudley SB12-FP or equal.

6. The Championship will be determined by the best Won-Lost record.

7. Lineup cards must be presented to umpire-in-chief when reviewing ground rules.

8. No Junior Varsity game will have a new inning start after 5:15 PM.

SOCCER RULES (B/G)

1. All games will be played using National Federation of High School Sports Rules.
2. Games will start at 3:30 PM.
3. All games will consist of two - 40 minute halves.
4. There shall be at least two board officials assigned to all Varsity games.
5. The official ball shall be the Brine International 32 or equal.
6. The Championship will be determined by the best won-lost record, using 2 points for a win, 1 point for a tie, and 0 points for a lost.
7. The Home Team will wear light colored jerseys.

TENNIS RULES B/G

1. All matches will be played using the United States Lawn Tennis Association Rules.
2. Matches will start at 3:30 PM.
3. All matches will be best 2 of 3 sets played.
4. No officials are assigned to matches.
5. The official ball shall be the Penn P93VOLOOL or equal.
6. Championship will be determined by the best Won-Lost record.
7. Each team will consist of a first single, second singles, third singles, first doubles and second doubles.
8. Each match will be worth one point.
9. The first team to win three points will be declared the winner.

10. Matches will consist of three sets. The winner being determined by the first player to win two sets.
 3. A set consists of six games.
 - A. Winner of a set shall be determined by the first player to reach six games with a two game advantage. (Ex 6-4)
 - B. In the event of a tie, (ex 6-6), a twelve point tie breaker shall be played. The winner of the tie breaker shall be determined by the first player to reach seven points, with a two point advantage between the two contestants. (Ex 10-8)
12. In the event that there is a restriction on court space or a time limitation, coaches may choose to use a 9 point pro-set format.
 - A. A point game pro-set format consists of the first player to reach nine points with a two game advantage. (7-9). In case of a tie or less than a two game advantage, play will continue until there is a two game advantage to determine the winner.

SPRING TRACK (B/G)

1. All meets will be run under the National Federation of High School Sports Rules.

MAC MODIFICATION - Each athlete is limited to a maximum of four events per meet. At the maximum, an athlete may compete in one of the following combinations of events per meet:

- a. two running events and two field events
- b. two running events, one relay and one field event
- c. one running event, two relays and one field event

2. Meets will start at 3:30PM however, with the consensus of all coaches: meets may begin earlier or delayed as long as teams have 15 minutes to warm-up.
3. There is no set length of time for track meets.
4. There shall be at least one M.T.F.O.A. official/starter assigned to each meet.
5. Championship will be determined by the best Won-Lost record using two points for a win, 1 point for a tie and 0 points for a lost.
6. Order of Events: Combining male and female competitors in events may occur if head coaches of competing teams unanimously agree or the official deems it necessary.

7. Order of Events for regular season meets are:

Field Events First: Shot (B), Discus (G), Javelin (B), High Jump (G), Long Jump (B) and Triple Jump (G). Switch events B/G.

Running Events Second: Boys followed by girls

2 Mile (3200 m) may be run during field events

400m Int. Hurdles

100m

800m

100/110m High Hurdles

400m

200m

1 mile (1600 m)

4x100m Relay

4x400m Relay

8. The MAC Championship Meet will follow the MIAA State Championship Order of Events. The Preseason meeting for spring track will finalize the exact order for the event that year.

Note: Each year the state divisions meet flip-flops who goes first in the field events (B-G or G-B).

9. The 2 mile will begin 15 minutes after the start of field events. The home team should make every effort to record all runners' results for the 2 mile if a representative from each team is not free.

10. 400-m hurdles will begin directly following the conclusion of the 2 mile. Hurdles should be set-up prior to the start of the meet, leaving lanes 1 & 2 open. A hurdle runner will be allowed to complete all or some of their field event attempts with the opposite gender (with the exception of the high jump) if there is a conflict. For example, if a male is competing in both the hurdles and long jump, they may take all or some of their long jump attempts with the female competitors.

It is recommended that entry limitation should not exceed 6. If more entries per school are needed, flights should be established with the seeded heats going off first.

11. If an athlete entered in two field events misses his/her turn, they are not disqualified

and may take their turn at the end of the rotation. However, they must have completed at least one attempt before the conclusion of the event. (High jump excluded)

12. All- star status will be granted to girls on boys' track and field teams who win their event in the girls' conference meet. No girl on a school sponsored track and field team will be displaced from the all-stars.
13. Teams will be awarded a first place and second place plaque. Medals will be given for each event at the MAC Spring Track Meet: Gold (1st), silver (2nd) and Bronze (3rd).

VOLLEYBALL RULES

1. All matches will be played using the NCAA Rules.
2. Games will start at 3:30 PM.
3. All varsity matches will consist of 3 out of 5 sets to 25 points with the exception of the 5th set which will be played to 15 points. The first team to win 3 games shall be declared the winner. The junior varsity will play 3 sets per match regardless of the outcome of the first two sets. The third set will be played to 25 points if it is the deciding set of the match. The third set will be played to 15 points if it is the non-deciding set.
4. If freshman are playing and they are the only game that day at that site they will play a minimum of 3 matches to 25 points. If three teams are playing they will play 2 out of 3 with the third game to 15 points.
**First game time is 3:30
5. There shall be two assigned board officials to varsity level of play.
6. The Championship will be determined by the best Won-Lost record.
7. A lines person will not be required.
8. Junior Varsity matches will precede the Varsity match unless otherwise agreed upon by both coaches. A 24 hour advance notice must also be given if the order of the matches will be altered.

WRESTLING RULES

The Mayflower League Athletic Conference follows the South Shore League Rules in Wrestling

MAC Wrestling Rules

1. All league dual matches will be governed by the National Federation of High School Wrestling Rules.
2. League Dual Matches will start at 7:00pm with a weigh in at 6:00 pm. These times may be changed by mutual consent.
3. The League Championship will be determined by calculating the best win/loss percentage for dual meets against league opponents. If there are two teams with the same record, Co-Champions will be declared.
4. There will be an end of season meeting scheduled after the last league match has taken place. All-Stars will be determined at that meeting.
5. There will be 21 All Stars; 1 for each of the 14 weight classes and 7 others.

ADIC'S-**Sport Assignments**

SPORT	ATHLETIC DIRECTOR	SCHOOL
FOOTBALL	MIKE HERNON	UPPER CAPE
SOCCER (BOYS)	BRENDAN CASE	HOLBROOK
SOCCER (GIRLS)	RIC DOCKENDORF	AVON
GOLF	MATT TRAHAN	OLD COLONY
VOLLEYBALL	JASON PACHECO	WESTPORT
CROSS COUNTRY	ROBERT DUQUETTE	SACRED HEART
BASKETBALL(BOYS)	MATT TRAHAN	OLD COLONY
BASKETBALL(GIRLS)	DAN TRIPP	SOUTHEASTERN
WRESTLING	KEITH POLOSKEY	BRISTOL AGGIE
ICE HOCKEY	ED CATABIA	BLUE HILLS
BASEBALL	DAN TRIPP	SOUTHEASTERN
SOFTBALL	DAN TRIPP	SOUTHEASTERN
BOYS' & GIRLS' TRACK	BRENDAN CASE	HOLBROOK
BOYS'/GIRLS' TENNIS	JASON PACHECO	WESTPORT
BOYS' LACROSSE	JOE MARANI	SOUTH SHORE
GIRLS' LACROSSE	???	???

MAC COMMITTEES

Executive Board		Alignment
Mike Heron	Chairperson	Dan Tripp
Jason Pacheco	Vice-Chairperson	Joe Marani
???	Past Chairperson	Matt Trahan
Ed Catabia	Large Vocational	Bob Duquette
Matt Trahan	Small Vocational	Ed Catabia
???	Comprehensive	
Sportsmanship	Finance	Technology
	Ron Soares	Dan Tripp
		Matt Trahan
		Ed Catabia
		Ron Soares

MAC CHAIRPERSON ORDER OF SUCCESSION: Westport, Avon. Blue Hills, Bristol-Plymouth

MAC COMMISSSIONERS - 2018-2019

Sport	Name
Boys Soccer	Ken Moore/Joe Valente
Girls Soccer	Ken Moore/Joe Valente
Spring Track	Ray Byron
Football	Daniel Murphy
Football	Jim Ashley
Volleyball	Brian Nobrega
Basketball	Joe Rocha
Wrestling	Steve Tassini
Ice Hockey	Brian Kelly
Baseball	Brian Andrade
Baseball	Don Fredricks
Softball	Joe Argo
Lacrosse- Girls	Robin Volpone
Lacrosse- Boys'	Jim Tighe

COMMISSIONER'S CONTRACT

Commissioner _____

School Year _____

Sport _____

Date _____

To _____

1. The individual conference schools commit themselves to the use of officials assigned by the above-named sport commissioner at all levels of competition in said sport in the numbers dictated by the conference by-laws. The compensation to the commissioner shall be the amount of 1.25 X one official's fee for each level (varsity, junior varsity, and freshman) assigned per season and will be paid to the commissioner at or near the completion of the season on the commissioner's billing each school individually. No additional compensation will be made.
2. In the case of postponement of a contest, the school will give notice to the commissioner three (3) hours in advance with the exception of weather related issues. Notification to the commissioner as described absolves the school's responsibilities for any payment to assigned officials.
3. Furthermore, it is understood that if officials arrive at a game site without cancellation notice given to the commissioner, ready to officiate a game that thereafter becomes postponed or cancelled; they are entitled to half a fee. Should a game start and thereafter become postponed, suspended to another date or cancelled, the officials are entitled to a full fee.
4. The commissioner will assign only board certified and competent officials whose skill and judgment is commensurate with the level of competition to which they are assigned. All officials must be registered with the MIAA and have completed background checks. The assignment of an official to any contest where the perception of partiality because of family ties, past or present loyalties to schools or localities exist should be carefully avoided.
5. The Commissioners will use Arbiter. All commissioners will list all MAC school's Athletic directors as contacts not just the ones they assign.
6. Commissioners are expected to attend both preseason and postseason meetings.
7. Subcontracted commissioners will ultimately be responsible to the contracted commissioner. Payment will be made to contracted commissioners only!
8. League master schedules will be sent to you by the Executive Secretary and you should request final schedules, including non-league games from individual athletic directors.
9. MIAA taunting policy and a warning must be given to both teams by game officials prior to each contest.

COMMISSIONER'S SIGNATURE _____ DATE _____

Please fill in below only if there are changes.

Email Address _____

Cell Phone _____

Mailing Address _____

