

COACHES EDUCATION

ORDER OF STEPS FOR ALL COACHES TO BECOME CERTIFIED

1. Register for & take a Fundamentals of Coaching Clinic (prior to coaching a second year) taught by an MIAA Instructor.

2. Bring payment with you to the clinic (see information below)

3. Take and pass the online National Test (nfhslearn.com) and online MIAA State Exam or the MSAA Cheer Exam (see second orange box on the left side of this page). Exams will be free of charge - only payment needed will be at the clinic which needs to be Step 1 of this process.

4. Certified Coaches list is updated monthly. No need to submit test scores.

5. Other mandated courses (e.g. Sport Specific, Concussion, First Aid, AED, etc.) must be completed as required in MIAA Handbook Rule 33.

The fee for the course is **\$95.00**. Please make checks payable to the MIAA and either mail a check or Purchase Order to the MIAA prior to the clinic or bring them with you. You will NOT be permitted to attend the clinic WITHOUT payment or Purchase Order. Should you wish to pay by credit card – call 508-541-7997...please note there is a \$3.00 credit card processing fee.

<https://nfhslearn.com/courses/fundamentals-of-coaching>

COVID-19 for Coaches and Administrators

The COVID 19 pandemic presents a myriad of challenges to high school athletic and activity programs. To help address some of those challenges, the National Federation of State High School Associations has developed "COVID-19 for Coaches and Administrators."

The NFHS Sports Medicine Advisory Committee developed "Guidance for Opening Up High School Athletics and Activities" to aid state associations during this unprecedented event. This course will present material from that document along with some other helpful information and materials to assist school administrators and coaches conduct workouts, practices, and contests as safely as possible. Course link found here: <https://nfhslearn.com/courses/covid-19-for-coaches-and-administrators>
Concussion in Sports Course

The NFHS has teamed up with the Centers for Disease Control and Prevention (CDC) to educate coaches, officials, parents, and students on the importance of proper concussion recognition and management in high school sports. This course highlights the impact of sports-related concussions on athletes, teaches how to recognize a suspected concussion, and provides protocols to manage a suspected concussion with steps to help players return to play safely after a concussion. Each state's requirements for concussion management are included as part of the course.

Course link found here: <https://nfhslearn.com/courses/concussion-in-sports-2>

First Aid, Health and Safety Course

There may be no more critical element in the ability of interscholastic students to participate in activities than their health and safety. This is why the NFHS has partnered with the American Red Cross to bring you First Aid, Health and Safety. This online course is designed as an overview of first aid, including best practices for many situations requiring medical attention.

The skills taught in this course do not replace the expertise of a medical professional but they do offer guidelines and techniques for temporary assistance until medical experts arrive on the scene. And because accidents or injuries can happen anywhere, not all of the knowledge and skills you will learn in this course are strictly for athletic injuries. They may also be used to aid officials, fellow coaches, and spectators who become injured or fall ill.

Course link found here: <https://nfhslearn.com/courses/first-aid-health-and-safety>