



# Spring Newsletter



## MAYFLOWER ATHLETIC CONFERENCE

**2013-14**

### ***Darrah Harlow Sportsmanship Award***

Congratulations to :

WEST BRIDGEWATER

Each year one school in our Conference is recognized for demonstrating a sincere commitment to the highest ideals and objectives of sportsmanship.. The name of this award is the Darrah Harlow Sportsmanship Award. The winner of this award will now compete for the District D Sportsmanship Award at the beginning of the next academic year.

## ***OUR MOST POPULAR SPRING SPORT***

Concerns over our most popular Spring Sport

This spring the MAC had over 2,000 students participating in spring sports. Our most popular spring sport is Track and Field with 1,717 participants. We have 10 schools that offer Track but unfortunately at this time only have 5 venues at which we can have meets. Those 5 schools are Blue Hills, Bristol Plymouth, Diman, Sacred Heart, and Tri-County. In addition, some of those venues are in need of repair. We fully understanding the financial constraints all schools are under and realize these improvements are costly. Looking towards the future we are hopefully we can continue to work together to improve conditions of all our facilities. It is exciting to report West Bridgewater has a new track facility included in their new school project, Southeastern has plans for a new facility in the works and Blue Hills is in the process of renovating, re-engineering and re-stripping their existing surface to conform to NFHS/USATF standards.

## FINAL STANDING

<b>MAC Baseball Comprehensive</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
Holbrook Jr./Sr. High School		7	3	0	16	4	0
West Bridgewater Mid/Sr. HS		7	3	0	14	6	0
Bishop Connolly High School		7	3	0	11	11	0
Westport High School		5	5	0	8	14	0
Avon Mid/High School		2	8	0	6	14	0
Sacred Heart High School		2	8	0	5	13	0
<b>MAC Baseball Large Vocational</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
Blue Hills Regional Tech Sch.		5	3	0	12	8	0
Diman Regional Voc/Tech HS		5	3	0	9	9	0
Bristol-Plymouth Reg Voc Tech		5	3	0	6	13	0
Southeastern Regional HS		3	5	0	12	8	0
Tri-County RVT High School		2	6	0	7	10	0
<b>MAC Baseball Small Vocational</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
Upper Cape Cod RVT School		7	1	0	14	6	0
Old Colony Reg Voc/Tech HS		7	1	0	13	7	0
South Shore Voc/Tech. HS		2	6	0	3	15	0
Norfolk County Agricultural HS		2	6	0	6	10	0
Bristol County Agricultural HS		2	6	0	4	11	0
<b>MAC Softball Comprehensive</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
West Bridgewater Mid/Sr. HS		10	0	0	13	7	0
Sacred Heart High School		8	2	0	11	7	0
Avon Mid/High School		4	6	0	10	10	0
Westport High School		4	6	0	6	16	0
Holbrook Jr./Sr. High School		3	7	0	10	10	0
Bishop Connolly High School		1	9	0	3	19	0
<b>MAC Softball Large Vocational</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
Bristol-Plymouth Reg Voc Tech		7	1	0	19	1	0
Diman Regional Voc/Tech HS		7	1	0	12	6	0
Tri-County RVT High School		4	4	0	12	6	0
Southeastern Regional HS		1	7	0	6	13	0
Blue Hills Regional Tech Sch.		1	7	0	5	13	0
<b>MAC Softball Small Vocational</b>		<b>Wins</b>	<b>Losses</b>	<b>Ties</b>	<b>Wins</b>	<b>Losses</b>	<b>Ties</b>
Norfolk County Agricultural HS		8	0	0	15	3	0
Upper Cape Cod RVT School		6	2	0	14	6	0
Old Colony Reg Voc/Tech HS		3	5	0	5	13	0
Bristol County Agricultural HS		2	6	0	6	11	0
South Shore Voc/Tech. HS		1	7	0	1	17	0

# FINAL STANDING

	LEAGUE			OVERALL		
	Wins	Losses	Ties	Wins	Losses	Ties
<b>MAC Boys Lacrosse</b>						
South Shore Voc/Tech. HS	13	1	0	17	3	0
Upper Cape Cod RVT School	9	5	0	13	7	0
Tri-County RVT High School	9	5	0	9	9	0
Blue Hills Regional Tech Sch.	9	5	0	13	5	0
Southeastern Regional HS	7	7	0	11	7	0
Sacred Heart High School	7	7	0	9	9	0
Bristol-Plymouth Reg Voc Tech	2	12	0	2	15	0
Bishop Connolly High School	0	14	0	0	21	1
<b>MAC Boys Tennis</b>						
Westport High School	6	0	0	15	1	0
Bishop Connolly High School	3	3	0	8	8	0
West Bridgewater Mid/Sr. HS	3	3	0	7	9	0
Sacred Heart High School	0	6	0	0	12	0
<b>MAC Girls Tennis</b>						
Sacred Heart High School	5	1	0	12	4	0
Westport High School	4	2	0	4	12	0
West Bridgewater Mid/Sr. HS	2	4	0	4	14	0
Bishop Connolly High School	1	5	0	1	15	0

# FINAL STANDING

	LEAGUE			OVERALL		
	Wins	Losses	Ties	Wins	Losses	Ties
<b>MAC Boys Spring Track</b>						
Diman Regional Voc/Tech HS	8	0	0	5	0	0
Southeastern Regional HS	7	1	0	6	0	0
Bristol-Plymouth Reg Voc Tech	3	1	0	3	1	0
West Bridgewater Mid/Sr. HS	5	3	0	4	3	0
Tri-County RVT High School	3	4	1	4	6	1
Sacred Heart High School	1	4	0	1	4	0
Bishop Connolly High School	0	2	1	0	2	1
Blue Hills Regional Tech Sch.	0	5	0	0	6	0
Holbrook Jr./Sr. High School	0	3	0	0	3	0
<b>MAC Girls Spring Track</b>						
West Bridgewater Mid/Sr. HS	8	0	0	7	0	0
Diman Regional Voc/Tech HS	4	1	0	4	1	0
Tri-County RVT High School	6	2	0	7	4	0
Southeastern Regional HS	4	4	0	3	3	0
Sacred Heart High School	2	3	0	2	3	0
Blue Hills Regional Tech Sch.	2	4	0	2	5	0
Holbrook Jr./Sr. High School	0	4	0	0	4	0
Bristol-Plymouth Reg Voc Tech	0	4	0	0	4	0
Bishop Connolly High School	0	3	0	0	3	0

## Baseball All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
DAVID NEIL	BLUE HILLS	SENIOR	C
MARK TRAVERS	BLUE HILLS	JUNIOR	P
JOHN CROWLEY	BLUE HILLS	SENIOR	1B
NICK PRISCO	BLUE HILLS	JUNIOR	SS
MATT CASSESE	BRISTOL-PLYMOUTH	SENIOR	SS
JOSH MOITOZA	BRISTOL-PLYMOUTH	SENIOR	CF
RYAN SILVA	BRISTOL-PLYMOUTH	SENIOR	1B
AUSTIN CROWNINSHIELD	DIMAN	JUNIOR	SS
CHRISTOPHER MARQUES	DIMAN	SENIOR	1B
BRANDON ANTONE	DIMAN	JUNIOR	C
BRYCE ANTONE	DIMAN	JUNIOR	P
RICH ALGER	SOUTHEASTERN	SENIOR	P/INF
NATE LAGOS	TRI-COUNTY	SENIOR	P/SS
RANDY FRAZIER	UPPER CAPE	SENIOR	SS
BEN WHITE	UPPER CAPE	SENIOR	1B
COOPER THORNELL	UPPER CAPE	SOPHOMORE	C
TREVOR ROWE	UPPER CAPE	JUNIOR	P
JAKE PRINGLE	OLD COLONY	SENIOR	P
TYLER MCALPINE	OLD COLONY	SENIOR	P
DREW MAURER	OLD COLONY	SOPHOMORE	OF
NICK KOURAFAS	OLD COLONY	SENIOR	OF
NATE QUINLAN	NORFOLK AGGIE	SENIOR	P
EVAN WITHERBEE	NORFOLK AGGIE	SENIOR	C/SS
BEN JOYCE	SOUTH SHORE	SENIOR	C
PAT CROGHAN	SOUTH SHORE	SOPHOMORE	SS
JOSH CAPPELLO	BRISTOL AGGIE	JUNIOR	P/SS
CONNOR DUGAN	BRISTOL AGGIE	SOPHOMORE	P/C
JACK SANTORO	BISHOP CONNOLLY	SENIOR	
MITCHELL WALSH	BISHOP CONNOLLY	SENIOR	
BRIAN QUINN	BISHOP CONNOLLY	SENIOR	
MICHAEL SULLIVAN	BISHOP CONNOLLY	SENIOR	OF
CHRIS LANGLEY	HOLBROOK	SENIOR	P
DOUG PHINNEY	HOLBROOK	SENIOR	SS
DYLAN EDES	HOLBROOK	SENIOR	1B
MATTHEW DUNNE	HOLBROOK	SENIOR	C
JARED SHARKEY	WEST BRIDGEWATER	JUNIOR	SS
DEREK O'BRIEN	WEST BRIDGEWATER	SENIOR	P/3B
BRANDON BERCOVITZ	WEST BRIDGEWATER	JUNIOR	P/OF
TYLER TACCINI	WEST BRIDGEWATER	SENIOR	C
ZACK CHURCHEY	AVON	SENIOR	SS
NICK WEIR	SACRED HEART	SOPHOMORE	P/INF
MATT MURPHY	WESTPORT	SENIOR	CF

## Softball All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
Christine Schondek	W. Bridgewater	Sr.	3B
Priscilla Martinez	W. Bridgewater	Sr.	CF
Cate Francouer	W. Bridgewater	Jr.	SS
Anna Comperchio	W. Bridgewater	So.	C
Lauren Melchionda	Sacred Heart	So.	Pitcher
Gabrielle Fantasia	Sacred Heart	Jr.	Catcher
Julia Pomella	Sacred Heart	Sr.	Pitcher
Lyndsey MacQuarrie	Avon	Sr.	Catcher
Margaret Duggan	Avon	Jr.	SS
Khoryn Cote	Westport	Jr.	Pitcher/SS
Kylie Marcoux	Westport	Jr.	Catcher
Abigail Edes	Holbrook	Sr.	Pitcher
Jessica Fournier	Bishop Connolly	Sr.	1B
Ashley Gatchell	Norfolk Aggie	Sr.	Catcher
Allison Glennon	Norfolk Aggie	Jr.	Pitcher
Allicyn Cole	Norfolk Aggie	Fr.	SS
Shannen Allen	Norfolk Aggie	Fr.	3B
Amelia Weare	Upper Cape	Sr.	Pitcher
Hannah Rawlings	Upper Cape	Sr.	Catcher
Krystle DiBona	Upper Cape	Jr.	1B
Alex Aspden	Old Colony	Sr.	3B
Brianna Botelho	Old Colony	Sr.	Catcher
Sarah DeArruda	Bristol Aggie	Jr.	1B
Ashley Newcomb	SSVT	Jr.	Pitcher
Talia Roos	Bristol-Plymouth	Jr.	Pitcher
Sami Mulcahey	Bristol-Plymouth	Soph.	3B
A.J. Brown	Bristol-Plymouth	Sr.	2B
Rachel Ducharme	Bristol-Plymouth	Sr.	CF
Hailey Levesque	Diman	Jr.	Pitcher
Rebecca Flores	Diman	Sr.	Catcher
Marissa Matias	Diman	So.	2B
Brynn Pasternak	Diman	Jr.	SS
Anna Hall	Tri-County	Sr.	Catcher
Kyla Johnson	Tri-County	Soph.	Pitcher
Kaitlyn Hart	Southeastern	Fr.	Catcher
Meg Delaporta	Blue Hills	Sr.	LF

## Lacrosse All-Stars

School	Name	Year	Position
South Shore	Shane Coughlan	Senior	Attack
South Shore	Dan Campbell	Senior	Defense
South Shore	Domenic Varasso	Junior	Defense
South Shore	Mike Cook	Senior	Attack
Upper Cape	Scottie Paradise	Senior	Defense
Upper Cape	Alex Peterson	Senior	Offense
Upper Cape	Dylan Derby	Junior	Offense
Tri-County	Drew Zaiter	Senior	Defense
Tri-County	Jake Ducharme	Junior	Attack
Tri-County	Michael Goss	Sophomore	Defense
Blue Hills	Marcus Donahue	Senior	Attack
Blue Hills	J. T. Freedman	Senior	Midfield
Southeastern	Nicholas Drago	Senior	Midfield
Sacred Heart	Steve Fehrm	Sophomore	Goal
Bristol Plymouth	Mike Catania	Sophomore	Offense
Bishop Connolly	Brendon Torres	Senior	Defense

## Tennis All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
<b>Nick Rosa</b>	<b>Westport</b>	<b>Sr.</b>	<b>1st. Singles</b>
<b>George Machairas</b>	<b>Westport</b>	<b>Sr.</b>	<b>2nd Singles</b>
<b>Scott Raudonaitis</b>	<b>Westport</b>	<b>Sr.</b>	<b>3rd. Singles</b>
<b>Richie Hartnett</b>	<b>Westport</b>	<b>Sr</b>	<b>1st. Doubles</b>
<b>Lyle Ross</b>	<b>Westport</b>	<b>Jr.</b>	<b>1st. Doubles</b>
<b>Connor Cullinane</b>	<b>West Bridgewater</b>	<b>Sr.</b>	<b>1st. Singles</b>
<b>Viet Pham</b>	<b>Bishop Connelly</b>	<b>Sr.</b>	
<b>Shawn Fay</b>	<b>Bishop Connelly</b>	<b>Sr.</b>	
<b>Cameron Keough</b>	<b>Sacred Heart</b>	<b>Jr.</b>	<b>1st. Singles</b>
<b>Haley Ferraro</b>	<b>Sacred Heart</b>	<b>2016</b>	<b>1st. Singles</b>
<b>Mary Chapin</b>	<b>Sacred Heart</b>	<b>2018</b>	<b>2nd Singles</b>
<b>Mia Cameilo</b>	<b>Sacred Heart</b>	<b>2018</b>	<b>1st. Doubles</b>
<b>Emma Wilkinson</b>	<b>Westport</b>	<b>2014</b>	<b>1st. Singles</b>
<b>Melinda Tripp</b>	<b>Westport</b>	<b>2014</b>	<b>2nd. Singles</b>
<b>Kassidy Cestodio</b>	<b>Westport</b>	<b>2015</b>	<b>3rd. Singles</b>
<b>Melissa LaRose</b>	<b>West Bridgewater</b>	<b>2014</b>	<b>1st. Singles</b>
<b>Caroline Previte</b>	<b>WB</b>	<b>2014</b>	<b>2nd. Singles</b>
<b>Maura Fennessey</b>	<b>BC</b>	<b>2014</b>	

## Spring Track All-Stars

<b>Name</b>	<b>SCHOOL</b>	<b>Sr. Jr. Soph. Fr.</b>	<b>POSITION</b>
<b>Maddie Kaplan</b>	<b>TC</b>	<b>11</b>	<b>100 M+200m</b>
<b>Francesa Sheedy</b>	<b>WB</b>	<b>12</b>	<b>400m + 4x400</b>
<b>Bridget Leblanc</b>	<b>SH</b>	<b>9</b>	<b>800m</b>
<b>Devin McCarthy</b>	<b>WB</b>	<b>7</b>	<b>1 Mile</b>
<b>Alison Wyman</b>	<b>WB</b>	<b>10</b>	<b>2mile</b>
<b>Emma Bedard</b>	<b>WB</b>	<b>9</b>	<b>100m Hurdles +400m Hurdles</b>
<b>Ceara Kelly</b>	<b>Hol</b>	<b>11</b>	<b>4x100 relay</b>
<b>Brianna Hoffman</b>	<b>Hol</b>	<b>11</b>	<b>4x100 relay</b>
<b>Patrice Haney</b>	<b>Hol</b>	<b>8</b>	<b>4x100 relay</b>
<b>Amanda Wells</b>	<b>WB</b>	<b>7</b>	<b>4x 400 relay</b>
<b>Emma Kincaid</b>	<b>WB</b>	<b>12</b>	<b>4x 400 relay</b>
<b>Emma Cashman</b>	<b>WB</b>	<b>11</b>	<b>4x 400 relay</b>
<b>Emily Spillane</b>	<b>TC</b>	<b>11</b>	<b>High Jump</b>
<b>Lacy Perry</b>	<b>Diman</b>	<b>11</b>	<b>Long Jump</b>
<b>Emily Yeo</b>	<b>WB</b>	<b>10</b>	<b>Triple Jump</b>
<b>Emily Quinn</b>	<b>WB</b>	<b>12</b>	<b>Shot Put+Discuss</b>
<b>Jakiyah Jones-Robinson</b>	<b>Hol</b>	<b>11</b>	<b>Javelin+ 4x100</b>
<b>Elijah Jones</b>	<b>BP</b>	<b>12</b>	<b>100m</b>
<b>Jack Sturtevant</b>	<b>TC</b>	<b>11</b>	<b>200m</b>
<b>John Goncalo</b>	<b>BC</b>	<b>12</b>	<b>400m</b>
<b>Adam Petti</b>	<b>WB</b>	<b>11</b>	<b>800m+1 mile+2mile</b>
<b>David Church</b>	<b>WB</b>	<b>12</b>	<b>110 H+400m H</b>
<b>Kenny Bernadin</b>	<b>SE</b>	<b>12</b>	<b>4x100</b>
<b>Louis Skens</b>	<b>SE</b>	<b>11</b>	<b>4x100</b>
<b>Fernando Quade</b>	<b>SE</b>	<b>12</b>	<b>4x100</b>
<b>Francisco Dejesus</b>	<b>SE</b>	<b>11</b>	<b>4x100</b>
<b>Jeff Pierre</b>	<b>SE</b>	<b>12</b>	<b>4x400</b>
<b>Soljour Sanders</b>	<b>SE</b>	<b>12</b>	<b>4x400</b>
<b>Rob Deandrade</b>	<b>SE</b>	<b>10</b>	<b>4x400</b>
<b>Aaron Major</b>	<b>SE</b>	<b>10</b>	<b>4x400</b>
<b>Aaron Reed-Coward</b>	<b>Diman</b>	<b>10</b>	<b>High Jump</b>
<b>Raphael Richards</b>	<b>Diman</b>	<b>12</b>	<b>Long Jump+triple</b>
<b>Alex Lastra</b>	<b>Diman</b>	<b>12</b>	<b>Shot Put</b>
<b>Rodney Dukes Jr.</b>	<b>SE</b>	<b>12</b>	<b>Discus</b>
<b>Cameron Shamey</b>	<b>WB</b>	<b>12</b>	<b>Javelin</b>



## Player of the Year/Coach of the Year/Sportsmanship

### PLAYER OF THE YEAR

Sport	Recipient		
Baseball	<b>Chris Langley</b>	Comprehensive	Holbrook
	<b>David Neil</b>	Large Vocational	Blue Hills
	<b>Jake Pringle</b>	Small Vocational	Old Colony
Softball	<b>Lindsey MacQuarrie</b>	Comprehensive	Avon
	<b>A.J. Brown</b>	Large Vocational	BristolPlymouth
	<b>Krystal DiBina</b>	Small Vocational	Upper Cape
Lacrosse	<b>Marcus Donahue</b>		Blue Hills
Girls Tennis	<b>Hayley Ferraro</b>		Sacred Heart
Boys Tennis	<b>Gary Howayeck</b>		Bishop Connolly
Boys Tennis	<b>John Jasper</b>		West Bridgewater
Girls Spring track	<b>Maddie Kaplan</b>		Tri- County
Girls Spring track	<b>Emily Quinn</b>		West Bridgewater
Boys Spring track	<b>Adam Petti</b>		West Bridgewater

### COACH OF THE YEAR

Baseball	<b>Mike Walsh</b>	Comprehensive	Holbrook
	<b>Matt Manders</b>	Large Vocational	Blue Hills
	<b>Craig Lincoln</b>	Small Vocational	Old Colony
Softball	<b>Marie Bruninghaus</b>	Comprehensive	Sacred Heart
	<b>Paul Westner</b>	Large Vocational	Bristol Plymouth
	<b>Mike Carrier</b>	Small Vocational	Upper Cape
Lacrosse	<b>Joe Madera</b>		South Shore
Girls Tennis	<b>Andrew Glynn</b>		Sacred Heart
Boys tennis	<b>Tony Nguyen</b>		Bishop Connolly
Girls Spring track	<b>Kyla Daley</b>		West Bridgewater
Boys Spring track	<b>Andrew Flanagan</b>		Holbrook

### SPORTSMANSHIP

Baseball	<b>Bishop Connolly</b>	Comprehensive
	<b>Sacred Heart</b>	Comprehensive
	<b>Bristol Plymouth</b>	Large Vocational
	<b>Old Colony</b>	Small Vocational
Softball		Small Vo
	<b>Upper cape</b>	+cational
	<b>Westport</b>	Comprehensive
	<b>Southeastern</b>	Large Vocational
	<b>Old Colony</b>	Small Vocational
	<b>Upper Cape</b>	Small Vocational
Lacrosse	<b>Bristol Plymouth</b>	
Girls Tennis	<b>West Bridgewater</b>	
Boys tennis	<b>West Bridgewater</b>	
Girls Spring track	<b>West Bridgewater</b>	
Boys Spring track	<b>West Bridgewater</b>	