



Spring Newsletter



MAYFLOWER ATHLETIC CONFERENCE

2013-14

Darrah Harlow Sportsmanship Award

Congratulations to :

WEST BRIDGEWATER

Each year one school in our Conference is recognized for demonstrating a sincere commitment to the highest ideals and objectives of sportsmanship.. The name of this award is the Darrah Harlow Sportsmanship Award. The winner of this award will now compete for the District D Sportsmanship Award at the beginning of the next academic year.

OUR MOST POPULAR SPRING SPORT

Concerns over our most popular Spring Sport

This spring the MAC had over 2,000 students participating in spring sports. Our most popular spring sport is Track and Field with 1,717 participants. We have 10 schools that offer Track but unfortunately at this time only have 5 venues at which we can have meets. Those 5 schools are Blue Hills, Bristol Plymouth, Diman, Sacred Heart, and Tri-County. In addition, some of those venues are in need of repair. We fully understanding the financial constraints all schools are under and realize these improvements are costly. Looking towards the future we are hopefully we can continue to work together to improve conditions of all our facilities. It is exciting to report West Bridgewater has a new track facility included in their new school project, Southeastern has plans for a new facility in the works and Blue Hills is in the process of renovating, re-engineering and re-stripping their existing surface to conform to NFHS/USATF standards.

FINAL STANDING

MAC Baseball Comprehensive		Wins	Losses	Ties	Wins	Losses	Ties
Holbrook Jr./Sr. High School		7	3	0	16	4	0
West Bridgewater Mid/Sr. HS		7	3	0	14	6	0
Bishop Connolly High School		7	3	0	11	11	0
Westport High School		5	5	0	8	14	0
Avon Mid/High School		2	8	0	6	14	0
Sacred Heart High School		2	8	0	5	13	0
MAC Baseball Large Vocational		Wins	Losses	Ties	Wins	Losses	Ties
Blue Hills Regional Tech Sch.		5	3	0	12	8	0
Diman Regional Voc/Tech HS		5	3	0	9	9	0
Bristol-Plymouth Reg Voc Tech		5	3	0	6	13	0
Southeastern Regional HS		3	5	0	12	8	0
Tri-County RVT High School		2	6	0	7	10	0
MAC Baseball Small Vocational		Wins	Losses	Ties	Wins	Losses	Ties
Upper Cape Cod RVT School		7	1	0	14	6	0
Old Colony Reg Voc/Tech HS		7	1	0	13	7	0
South Shore Voc/Tech. HS		2	6	0	3	15	0
Norfolk County Agricultural HS		2	6	0	6	10	0
Bristol County Agricultural HS		2	6	0	4	11	0
MAC Softball Comprehensive		Wins	Losses	Ties	Wins	Losses	Ties
West Bridgewater Mid/Sr. HS		10	0	0	13	7	0
Sacred Heart High School		8	2	0	11	7	0
Avon Mid/High School		4	6	0	10	10	0
Westport High School		4	6	0	6	16	0
Holbrook Jr./Sr. High School		3	7	0	10	10	0
Bishop Connolly High School		1	9	0	3	19	0
MAC Softball Large Vocational		Wins	Losses	Ties	Wins	Losses	Ties
Bristol-Plymouth Reg Voc Tech		7	1	0	19	1	0
Diman Regional Voc/Tech HS		7	1	0	12	6	0
Tri-County RVT High School		4	4	0	12	6	0
Southeastern Regional HS		1	7	0	6	13	0
Blue Hills Regional Tech Sch.		1	7	0	5	13	0
MAC Softball Small Vocational		Wins	Losses	Ties	Wins	Losses	Ties
Norfolk County Agricultural HS		8	0	0	15	3	0
Upper Cape Cod RVT School		6	2	0	14	6	0
Old Colony Reg Voc/Tech HS		3	5	0	5	13	0
Bristol County Agricultural HS		2	6	0	6	11	0
South Shore Voc/Tech. HS		1	7	0	1	17	0

FINAL STANDING

	LEAGUE			OVERALL		
	Wins	Losses	Ties	Wins	Losses	Ties
MAC Boys Lacrosse						
South Shore Voc/Tech. HS	13	1	0	17	3	0
Upper Cape Cod RVT School	9	5	0	13	7	0
Tri-County RVT High School	9	5	0	9	9	0
Blue Hills Regional Tech Sch.	9	5	0	13	5	0
Southeastern Regional HS	7	7	0	11	7	0
Sacred Heart High School	7	7	0	9	9	0
Bristol-Plymouth Reg Voc Tech	2	12	0	2	15	0
Bishop Connolly High School	0	14	0	0	21	1
MAC Boys Tennis						
Westport High School	6	0	0	15	1	0
Bishop Connolly High School	3	3	0	8	8	0
West Bridgewater Mid/Sr. HS	3	3	0	7	9	0
Sacred Heart High School	0	6	0	0	12	0
MAC Girls Tennis						
Sacred Heart High School	5	1	0	12	4	0
Westport High School	4	2	0	4	12	0
West Bridgewater Mid/Sr. HS	2	4	0	4	14	0
Bishop Connolly High School	1	5	0	1	15	0

FINAL STANDING

	LEAGUE			OVERALL		
	Wins	Losses	Ties	Wins	Losses	Ties
MAC Boys Spring Track						
Diman Regional Voc/Tech HS	8	0	0	5	0	0
Southeastern Regional HS	7	1	0	6	0	0
Bristol-Plymouth Reg Voc Tech	3	1	0	3	1	0
West Bridgewater Mid/Sr. HS	5	3	0	4	3	0
Tri-County RVT High School	3	4	1	4	6	1
Sacred Heart High School	1	4	0	1	4	0
Bishop Connolly High School	0	2	1	0	2	1
Blue Hills Regional Tech Sch.	0	5	0	0	6	0
Holbrook Jr./Sr. High School	0	3	0	0	3	0
MAC Girls Spring Track						
West Bridgewater Mid/Sr. HS	8	0	0	7	0	0
Diman Regional Voc/Tech HS	4	1	0	4	1	0
Tri-County RVT High School	6	2	0	7	4	0
Southeastern Regional HS	4	4	0	3	3	0
Sacred Heart High School	2	3	0	2	3	0
Blue Hills Regional Tech Sch.	2	4	0	2	5	0
Holbrook Jr./Sr. High School	0	4	0	0	4	0
Bristol-Plymouth Reg Voc Tech	0	4	0	0	4	0
Bishop Connolly High School	0	3	0	0	3	0

Baseball All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
DAVID NEIL	BLUE HILLS	SENIOR	C
MARK TRAVERS	BLUE HILLS	JUNIOR	P
JOHN CROWLEY	BLUE HILLS	SENIOR	1B
NICK PRISCO	BLUE HILLS	JUNIOR	SS
MATT CASSESE	BRISTOL-PLYMOUTH	SENIOR	SS
JOSH MOITOZA	BRISTOL-PLYMOUTH	SENIOR	CF
RYAN SILVA	BRISTOL-PLYMOUTH	SENIOR	1B
AUSTIN CROWNINSHIELD	DIMAN	JUNIOR	SS
CHRISTOPHER MARQUES	DIMAN	SENIOR	1B
BRANDON ANTONE	DIMAN	JUNIOR	C
BRYCE ANTONE	DIMAN	JUNIOR	P
RICH ALGER	SOUTHEASTERN	SENIOR	P/INF
NATE LAGOS	TRI-COUNTY	SENIOR	P/SS
RANDY FRAZIER	UPPER CAPE	SENIOR	SS
BEN WHITE	UPPER CAPE	SENIOR	1B
COOPER THORNELL	UPPER CAPE	SOPHOMORE	C
TREVOR ROWE	UPPER CAPE	JUNIOR	P
JAKE PRINGLE	OLD COLONY	SENIOR	P
TYLER MCALPINE	OLD COLONY	SENIOR	P
DREW MAURER	OLD COLONY	SOPHOMORE	OF
NICK KOURAFAS	OLD COLONY	SENIOR	OF
NATE QUINLAN	NORFOLK AGGIE	SENIOR	P
EVAN WITHERBEE	NORFOLK AGGIE	SENIOR	C/SS
BEN JOYCE	SOUTH SHORE	SENIOR	C
PAT CROGHAN	SOUTH SHORE	SOPHOMORE	SS
JOSH CAPPELLO	BRISTOL AGGIE	JUNIOR	P/SS
CONNOR DUGAN	BRISTOL AGGIE	SOPHOMORE	P/C
JACK SANTORO	BISHOP CONNOLLY	SENIOR	
MITCHELL WALSH	BISHOP CONNOLLY	SENIOR	
BRIAN QUINN	BISHOP CONNOLLY	SENIOR	
MICHAEL SULLIVAN	BISHOP CONNOLLY	SENIOR	OF
CHRIS LANGLEY	HOLBROOK	SENIOR	P
DOUG PHINNEY	HOLBROOK	SENIOR	SS
DYLAN EDES	HOLBROOK	SENIOR	1B
MATTHEW DUNNE	HOLBROOK	SENIOR	C
JARED SHARKEY	WEST BRIDGEWATER	JUNIOR	SS
DEREK O'BRIEN	WEST BRIDGEWATER	SENIOR	P/3B
BRANDON BERCOVITZ	WEST BRIDGEWATER	JUNIOR	P/OF
TYLER TACCINI	WEST BRIDGEWATER	SENIOR	C
ZACK CHURCHEY	AVON	SENIOR	SS
NICK WEIR	SACRED HEART	SOPHOMORE	P/INF
MATT MURPHY	WESTPORT	SENIOR	CF

Softball All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
Christine Schondek	W. Bridgewater	Sr.	3B
Priscilla Martinez	W. Bridgewater	Sr.	CF
Cate Francouer	W. Bridgewater	Jr.	SS
Anna Comperchio	W. Bridgewater	So.	C
Lauren Melchionda	Sacred Heart	So.	Pitcher
Gabrielle Fantasia	Sacred Heart	Jr.	Catcher
Julia Pomella	Sacred Heart	Sr.	Pitcher
Lyndsey MacQuarrie	Avon	Sr.	Catcher
Margaret Duggan	Avon	Jr.	SS
Khoryn Cote	Westport	Jr.	Pitcher/SS
Kylie Marcoux	Westport	Jr.	Catcher
Abigail Edes	Holbrook	Sr.	Pitcher
Jessica Fournier	Bishop Connolly	Sr.	1B
Ashley Gatchell	Norfolk Aggie	Sr.	Catcher
Allison Glennon	Norfolk Aggie	Jr.	Pitcher
Allicyn Cole	Norfolk Aggie	Fr.	SS
Shannen Allen	Norfolk Aggie	Fr.	3B
Amelia Weare	Upper Cape	Sr.	Pitcher
Hannah Rawlings	Upper Cape	Sr.	Catcher
Krystle DiBona	Upper Cape	Jr.	1B
Alex Aspden	Old Colony	Sr.	3B
Brianna Botelho	Old Colony	Sr.	Catcher
Sarah DeArruda	Bristol Aggie	Jr.	1B
Ashley Newcomb	SSVT	Jr.	Pitcher
Talia Roos	Bristol-Plymouth	Jr.	Pitcher
Sami Mulcahey	Bristol-Plymouth	Soph.	3B
A.J. Brown	Bristol-Plymouth	Sr.	2B
Rachel Ducharme	Bristol-Plymouth	Sr.	CF
Hailey Levesque	Diman	Jr.	Pitcher
Rebecca Flores	Diman	Sr.	Catcher
Marissa Matias	Diman	So.	2B
Brynn Pasternak	Diman	Jr.	SS
Anna Hall	Tri-County	Sr.	Catcher
Kyla Johnson	Tri-County	Soph.	Pitcher
Kaitlyn Hart	Southeastern	Fr.	Catcher
Meg Delaporta	Blue Hills	Sr.	LF

Lacrosse All-Stars

School	Name	Year	Position
South Shore	Shane Coughlan	Senior	Attack
South Shore	Dan Campbell	Senior	Defense
South Shore	Domenic Varasso	Junior	Defense
South Shore	Mike Cook	Senior	Attack
Upper Cape	Scottie Paradise	Senior	Defense
Upper Cape	Alex Peterson	Senior	Offense
Upper Cape	Dylan Derby	Junior	Offense
Tri-County	Drew Zaiter	Senior	Defense
Tri-County	Jake Ducharme	Junior	Attack
Tri-County	Michael Goss	Sophomore	Defense
Blue Hills	Marcus Donahue	Senior	Attack
Blue Hills	J. T. Freedman	Senior	Midfield
Southeastern	Nicholas Drago	Senior	Midfield
Sacred Heart	Steve Fehrm	Sophomore	Goal
Bristol Plymouth	Mike Catania	Sophomore	Offense
Bishop Connolly	Brendon Torres	Senior	Defense

Tennis All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
Nick Rosa	Westport	Sr.	1st. Singles
George Machairas	Westport	Sr.	2nd Singles
Scott Raudonaitis	Westport	Sr.	3rd. Singles
Richie Hartnett	Westport	Sr	1st. Doubles
Lyle Ross	Westport	Jr.	1st. Doubles
Connor Cullinane	West Bridgewater	Sr.	1st. Singles
Viet Pham	Bishop Connelly	Sr.	
Shawn Fay	Bishop Connelly	Sr.	
Cameron Keough	Sacred Heart	Jr.	1st. Singles
Haley Ferraro	Sacred Heart	2016	1st. Singles
Mary Chapin	Sacred Heart	2018	2nd Singles
Mia Cameilo	Sacred Heart	2018	1st. Doubles
Emma Wilkinson	Westport	2014	1st. Singles
Melinda Tripp	Westport	2014	2nd. Singles
Kassidy Cestodio	Westport	2015	3rd. Singles
Melissa LaRose	West Bridgewater	2014	1st. Singles
Caroline Previte	WB	2014	2nd. Singles
Maura Fennessey	BC	2014	

Spring Track All-Stars

Name	SCHOOL	Sr. Jr. Soph. Fr.	POSITION
Maddie Kaplan	TC	11	100 M+200m
Francesa Sheedy	WB	12	400m + 4x400
Bridget Leblanc	SH	9	800m
Devin McCarthy	WB	7	1 Mile
Alison Wyman	WB	10	2mile
Emma Bedard	WB	9	100m Hurdles +400m Hurdles
Ceara Kelly	Hol	11	4x100 relay
Brianna Hoffman	Hol	11	4x100 relay
Patrice Haney	Hol	8	4x100 relay
Amanda Wells	WB	7	4x 400 relay
Emma Kincaid	WB	12	4x 400 relay
Emma Cashman	WB	11	4x 400 relay
Emily Spillane	TC	11	High Jump
Lacy Perry	Diman	11	Long Jump
Emily Yeo	WB	10	Triple Jump
Emily Quinn	WB	12	Shot Put+Discuss
Jakiyah Jones-Robinson	Hol	11	Javelin+ 4x100
Elijah Jones	BP	12	100m
Jack Sturtevant	TC	11	200m
John Goncalo	BC	12	400m
Adam Petti	WB	11	800m+1 mile+2mile
David Church	WB	12	110 H+400m H
Kenny Bernadin	SE	12	4x100
Louis Skens	SE	11	4x100
Fernando Quade	SE	12	4x100
Francisco Dejesus	SE	11	4x100
Jeff Pierre	SE	12	4x400
Soljour Sanders	SE	12	4x400
Rob Deandrade	SE	10	4x400
Aaron Major	SE	10	4x400
Aaron Reed-Coward	Diman	10	High Jump
Raphael Richards	Diman	12	Long Jump+triple
Alex Lastra	Diman	12	Shot Put
Rodney Dukes Jr.	SE	12	Discus
Cameron Shamey	WB	12	Javelin

Player of the Year/Coach of the Year/Sportsmanship

PLAYER OF THE YEAR

Sport	Recipient		
Baseball	Chris Langley	Comprehensive	Holbrook
	David Neil	Large Vocational	Blue Hills
	Jake Pringle	Small Vocational	Old Colony
Softball	Lindsey MacQuarrie	Comprehensive	Avon
	A.J. Brown	Large Vocational	BristolPlymouth
	Krystal DiBina	Small Vocational	Upper Cape
Lacrosse	Marcus Donahue		Blue Hills
Girls Tennis	Hayley Ferraro		Sacred Heart
Boys Tennis	Gary Howayeck		Bishop Connolly
Boys Tennis	John Jasper		West Bridgewater
Girls Spring track	Maddie Kaplan		Tri- County
Girls Spring track	Emily Quinn		West Bridgewater
Boys Spring track	Adam Petti		West Bridgewater

COACH OF THE YEAR

Baseball	Mike Walsh	Comprehensive	Holbrook
	Matt Manders	Large Vocational	Blue Hills
	Craig Lincoln	Small Vocational	Old Colony
Softball	Marie Bruninghaus	Comprehensive	Sacred Heart
	Paul Westner	Large Vocational	Bristol Plymouth
	Mike Carrier	Small Vocational	Upper Cape
Lacrosse	Joe Madera		South Shore
Girls Tennis	Andrew Glynn		Sacred Heart
Boys tennis	Tony Nguyen		Bishop Connolly
Girls Spring track	Kyla Daley		West Bridgewater
Boys Spring track	Andrew Flanagan		Holbrook

SPORTSMANSHIP

Baseball	Bishop Connolly	Comprehensive
	Sacred Heart	Comprehensive
	Bristol Plymouth	Large Vocational
	Old Colony	Small Vocational
Softball		Small Vo
	Upper cape	+cational
	Westport	Comprehensive
	Southeastern	Large Vocational
	Old Colony	Small Vocational
	Upper Cape	Small Vocational
Lacrosse	Bristol Plymouth	
Girls Tennis	West Bridgewater	
Boys tennis	West Bridgewater	
Girls Spring track	West Bridgewater	
Boys Spring track	West Bridgewater	